

18th June Felixstowe Horizons Town Engagement Event

Feedback Sheet:

1) What organisations do you know of that cater for the needs of the following groups of people in our community? (see below)

2) What can we do to build resilience now and in the future? – comments below are overall, individual comments per group are below

Advertise through health services

Advertise what is available

Avoiding silo working – opportunities to share effective and successful plans and ideas

Awareness of small grants

Build resilience in organisations – cannot rely on individuals

Build strong links and partnership which create sustainability

Clearly highlight where all information can be found – Central Hub

Community Projects and Public Engagement – promote Magazine and Photo Exhibition – Free space Pop up Shops, empty shops – volunteer fair / Bureaus

Cross generational activities (Care Home / Children's groups)

Dementia Town

Digital is not always the answer

Digital platform for all community communication – all channel improvement 'info hour on radio'

Digital Technology – cross generation

Digital technology – educating the older people

Funding

Funding

Group networking

Identify and use local talent

Intergenerational schemes

FELIXSTOWE COMMUNITY 2030

Local hospital in Felixstowe is a really important hub

NEEDS – single point for community information – Person to champion it and maintain, media for the information

Non residents pack with names of all organisations

Preserving Statutory services – Hospital

Publicity for existing groups – facilities applies to all

Signposting – social prescribing by CAB

Signposting volunteers – making people aware, getting help out and about

Some way of driving a programme of bringing all this together

Support to volunteers / praise

Transport is really important for that cant drive - FACTS

Umbrella Civic awards

VCS – collaboration / partnerships

Volunteering – campaigns to encourage more people to give their time

Younger volunteers

<p>Vulnerable Young People</p> <p>4YP (drugs outreach) - mentioned x 2 Access Community Trust Air cadets – mentioned x 2 Ambitions Group Basic Boost chaplaincy – mentioned x 4 CAB- mentioned x 2 CAMHS CBT Suffolk Children’s Centres Churches – mentioned x 2 CYP support services (Queens Road) Guides – mentioned x 2 Hospice Ipswich Skating Club Job centre 16-24 Adviser Level 2 - mentioned 13 times Library Mental Health Support MIND Neighbourhood Watch Period Poverty Prices Trust River of Life Church Sailing Club Salvation Army Sanctuary Housing - mentioned x 2 SCC Teams Schools Scouts – mentioned x 3 Sea cadets</p>	<p>Catering for our older residents and their needs</p> <p>??? illegible support group ACS Active Lives – mentioned x 2 BASIC Life Bereavement support BlueBird British Legion CAB – mentioned x 2 Care Homes – mentioned x 3 Churches – Lunch Clubs – mentioned x 3 Community café Crafty Coffee Dementia Support – mentioned x 4 FACTS – mentioned x 9 Felixstowe Volunteer Centre FOPWA – Broadway House, the Hut – mentioned x 8 GP Bursary Care Hope Trust – mentioned x 5 Hospice – St Elizabeth Jubilee club Knit and Natter Leydens Community Cafe Library Lions Club Local Health Teams Men’s Shed – mentioned x 4 OFCA – mentioned x 2 One Life Suffolk Pop up shops Pubs, cafes etc Rotary</p>	<p>Low Income Families</p> <p>BASIC – mentioned x 11 CAB – mentioned x 7 Childrens Centres – mentioned x 3 Christians Against Poverty – mentioned x 3 Felixstowe Academy community gardens Felixstowe Volunteer Centre Food Bank – mentioned x5 HomeStart – mentioned x 2 Ipswich Skating Groups Job centre Langhans Layden community café – mentioned x 4 Level 2 Men’s Shed One Life Suffolk Period Poverty Pop Up Shops – mentioned x 2 Read House Queens Road (is it well known?) Salvation Army – mentioned x 2 Sanctuary Housing – mentioned x 2 Stennets community café – mentioned x 2 Sure Start The Leydens café The Oaks</p>
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<p>Sports Clubs St Johns Ambulance Stennets Community café Town pastors Trinity Uniformed Voluntary Youth Organisations e.g. Scouts, Guides</p> <p>Building resilience? Another High School Community Youth projects Don forget the 'non vulnerable' young! Education and Training for trainers and children Funding Holiday schemes Increase after school activities for kids – arts, sports, tech etc to support dual-income households and create well being and resilience Involve local business3s in employment and training Leaders needed – age limitations and bureaucracy problem. Funding e.g. CRB checks Leisure outside of town More education facilities for 1-18 years No Young people night time economy – no bowling alley, table tennis, etc. subsidized</p>	<p>Salvation Army Scoop Signposting (Frailty Unit) Suffolk Family Carers (for signposting) The Hope Trust The Hut – mentioned x 2 The Wool Bar Time Bank Top Times Library – mentioned x 2 Volunteer Service Walton parish Nurses – mentioned x 2</p> <p>Building Resilience? 2 hour free parking Adapting the appeal of gyms/ illegible to older people All activity led Befriending service Better financing of carers Chat benches for lonely people Computer training / internet access Dementia friendly spaces – open, easy, memorable Digital infrastructure for promotion and awareness Free TV licences for over 75 Funding Hiring buggies and wheelchairs Information hub about volunteering in Hamilton Road Is on an app so it is quite nice to hear everyone's comments Leaders and volunteers needed</p>	<p>Building Resilience Allotments Based on needs Basic Community allotment Community cohesions Community fridge's in library community gardens Community groups with free meals Facilities need to be free Food education e.g. The Mums cookery school (Ipswich) Funding Funding! How to break the shame cycle? More connection between older people and young Pop up shop St Johns and Trimley Pop up shops Saturday morning pictures Shared trips Urban allotments – vegs by unused</p>
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<p>opportunities. Smaller leisure units central to town Volunteer Mentors volunteers Youth clubs</p>	<p>loneliness – www.meet up Mondays or other days Memory lane support group Outreach support Pubs / cafes etc welcome people with children, dogs and provide coffee, tea and biscuits, toast and jam,. Homemade cookies, and one venue provides bacon sandwiches. It is up to each venue what they provide Reconfiguration of public spaces Support CCG to deliver frailty provision technology support The reasons most venues are on Mondays is that people who are lonely find weekends are ‘Hell On earth’ as other people are walking with friends and family,. It is also difficult to go out for coffee, lunch, dinner alone. Transport (public) Wifi in care homes</p>	<p>ground by library</p>
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Lone Parents	Accessibility and disability	Carers
<p>ABLE (Laydens) community café BASIC Charity Befrienders CAB Social prescribing – mentioned x 2 Churches – mentioned x 2 Community Choir FACTS Football Club FOPWA senior citizen centre Friends of Felixstowe Seafront Gardens Guides Hockey club Homestart – mentioned x 2 Inner Wheel League of Friends Level 2 – outreach bus – mentioned x 2 Library Meet up Mondays – mentioned x 3 Mens Shed – mentioned x 3 Mother and Toddler Clubs Oaks Children’s Centre – mentioned x 5 One Life Suffolk Parent Hub (Coastal) Probus Rotary Rugby Club Salvation Army Scouts Seafarers centre The Hut The Leydens Café – mentioned x 3</p>	<p>Active Lives Befriending Scheme CAB Churches Community Action Suffolk Community Café Trimley Community Hospital Daisy cars DAS Dementia Action Alliance – mentioned x 2 Disability forums East Anglian Sailing Trust (Levington) – mentioned x 2 FACTS – mentioned x 9 (need better promotion) Felixstowe Gateway Headway Health care Hearing centre Hope Trust Leading Lives – mentioned x 3 Library home delivery Mencap Group – mentioned x 2 Mental health Support Methodist Church Lunch Club MIND – mentioned x 2 Mobility Shops Rose Care Social Care St Marys Opportunity Group – mentioned x 2 Stroke support group Suffolk Coastal Disability Forum – mentioned x 4 The Hut</p>	<p>Active Lives AGE UK Alzheimer’s Society CAB Carers Group DAA Dementia café x 5 Dementia Friendly communities Dementia Support group – mentioned x 2 FACTS Bus Felixstowe and District Carers group (The Hub – Maidstone Road) Felixstowe Volunteer centre Hope Trust Hospice MIND Suffolk Monday café Neil Bowles Respite Walks on prom – mentioned x 2 Rosecare – mentioned x 2 SCC Social Workers Side by Side Social care Stennets Community café Stroke Assocn Sue Ryder Suffolk Carers Matter Suffolk Family carers – mentioned x 9 (for young carers too) URC Walton Parish Nursing</p>

<p>Time Bank - mentioned x 2 Top Time Volunteering Friends Groups Walton Parish Nursing</p> <p>Building Resilience ?</p> <p>After School Clubs Chat bench Chat benches Coffee Mornings Free entertainment - look at the 'Elmer in Ipswich funding Funding for Level 2 Healthy walks Holiday clubs Library events eg book readings etc Not sure – drugs and alcohol services, mental health services Sports Clubs Town Trails Your living rooms! (based in Essex)</p>	<p>The Library – Open space Voiceability Walton Parish Nursing – mentioned x 2 Work Health Programme (Job Centre)</p> <p>Building Resilience</p> <p>'Felixstowe' Car Share 7 min cycle Access to sea front from the town – all care home are above the seafront Accessibility to sea front – lift Accessible toilets e.g. at this hotel Bus free loop route linking key zones (see Ipswich) Cinema access? Driver schemes Drop kerbs needed Employment Opportunities Frailty offer Funding Infrastructure Keep small attractions cheap Lift from clifftop to Prom Moving pavements Public transport Raising awareness of obstructions of pavements, poor parking etc Street Lighting</p>	<p>Building Resilience</p> <p>Awareness of funding and facilities Caring role should be seen as more prestigious Dementia Café Elderly caring for partners / parents Funding Information on what is available for support e.g. Outreach Needs – day centre where dementia patients can be brought to and professional care is provided people caring for parents and c=grandchildren Providing help – Probus, Rotary, Inner Wheel, Lions, PPG, Scouts, Guides, Football, Hockey Clubs, Rugby, support for Family members whoa re carers Talking groups Timebanks Training facilities use Felixstowe to show best practice</p>
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