



Halesworth
MEN'S SHED

What the 'shedders' say

‘Fixing, making and reusing materials....
improved my mental state and gave me
hope.’

‘Coming to the Shed has given me a feeling of self-worth and increased my confidence.’

I feel a sense of worth and love the way
all the men work together'

When you make something which is of use to someone else there is a great sense of satisfaction,

' It's wonderful here –
I just wish I could have
done it thirty years
ago' – Harry aged 91

'Coming here is better than any
medicine'



Together

Catering for all abilities



Jobs for the Community



What we started with



Patience



Know what you are doing



Publicity and Recognition

The High Sheriff's Organisation of the Year Award 2016

This certificate is presented to
Halesworth Men's Sheds

In recognition of the positive contribution this group
has made to the local community.



Signed and dated
this
11th day of March
2016.

J. H. H. H.



BE LOUD AND BE PROUD!



