

What the 'shedders' say

'Fixing, making and reusing materials.... improved my mental state and gave me hope.'

'Coming to the Shed has given me a feeling of self-worth and increased my confidence.'

I feel a sense of worth and love the way all the men work together'

When you make something which is of use to someone else there is a great sense of satisfaction,

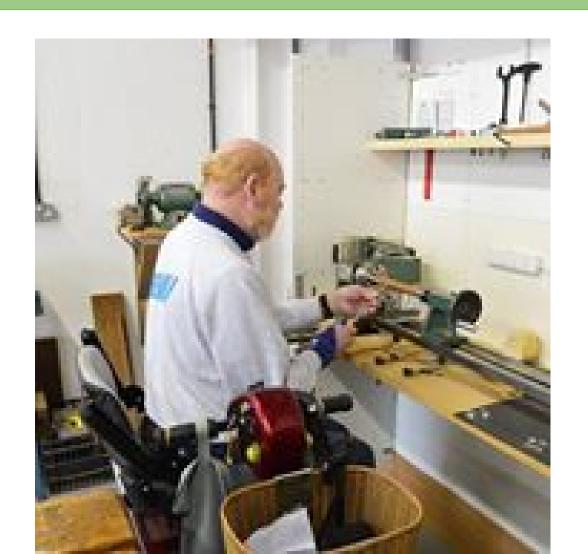
'It's wonderful here – I just wish I could have done it thirty years ago' – Harry aged 91

'Coming here is better than any medicine'



Togetherness

Catering for all abilities



Jobs for the Community



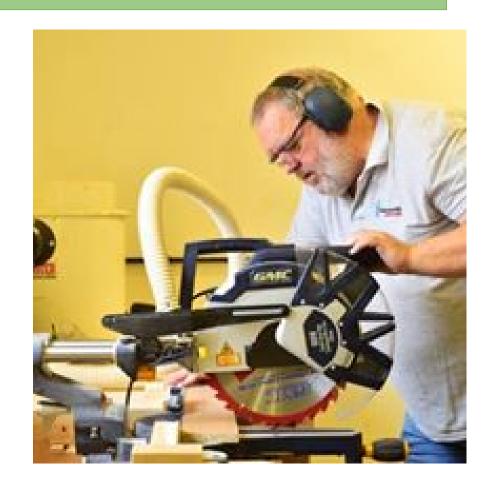
What we started with



Patience



Know what you are doing



Publicity and Recognition

The High Sheriff's Organisation of the Year Award

2016

This certificate is presented to

Halesworth Men's Sheds

In recognition of the positive contribution this group has made to the local community.



Signed and dated this 11° day of March 2016





BE LOUD AND BE PROUD!

