

## SPRING 2022 YOUTH VOICE REPORT

Lowestoft and Northern Parishes

This term, we received responses from individuals as well as schools. The responses ranged from the age of 11 to 24 and the issues, comments and ideas will be raised with the right people in the area.

Thank you to Northfield St Nicholas Primary
Academy for feeding into this – and to all 11–25
year olds: please continue to share your opinions
and solutions with Youth Voice!



## MENTAL HEALTH, CHILDHOOD OBESITY AND SOCIAL ISOLATION

We asked students at Northfield St Nicholas Primary Academy about their thoughts on the Community Partnership's current priorities and what they should focus on - some of the ideas and comments included:

"Healthy me, safe me"

- one comment

- More things for people to do outside
- Getting people into school for children to talk to about their worries
- A place where people can go if they have disabilities (in a wheelchair for example)
- Art/meditation group
- Fun run!
- Chat group
- Friendship benches
- Running an open day so people can go in and talk about their worries/issues
- Stay more clean e.g. brush teeth, bath, shower
- Open up some more gyms for kids
- Make more local activities sporty

We will share
these suggestions
and comments
with the
Community
Partnership and
other relevant
people!

## AND ....

We also received (and will share) comments about:



- Combatting Homophobia and transphobia
- Cost of waste disposal
- Exercise opportunities virtual and in person
- Activities for young carers
- Using digital to engage
- Encouraging reading
- Encouraging eating of different fruit and vegetables





## **LOCAL NEWS**

Kensington Gardens in Lowestoft now has a 'Happy to Chat' bench for local people to sit and chat with others. This was a collaboration between East Suffolk Council, Lowestoft Town Council and Waveney Norse.