



CRICK COURT



What is Retired Living?

Retired Living Schemes are aimed at people who're over 60 years of age. They are self contained, purpose built flats with their own front doors, kitchens and bathrooms. They are available for both couples or single people and offer independence with support if and when needed. They provide good quality accommodation that has comfort and security, and provides 24 hour support for residents with the provision of an alarm in every room in case the resident has a fall or becomes ill.





Your Scheme Manager

Hi I would like to welcome you to Crick Court. I'm Lisa Ford your Scheme Manager(previously know as a warden.) after 15 years in care I wanted a slight change so in 2001 I applied and got a job as a warden which I thoroughly enjoy. It's my job to help residents remain as independent as possible whilst getting support if/when needed.

Your Retired Living Scheme

Crick Court is in the beautiful and friendly town of Southwold with some of the flats overlooking the common/golf course. There are 12 one bedroom flats and 9 two bedroom flats these are very light and spacious. There is a good friendly community feel to the court with beautiful well tendered gardens and benches situated around the court. The beach is only a 15 minute walk away.

Sadly no pets are permitted.



Security in and around your scheme

Crick Court has C.C.T.V. at all entrances. The outer doors are operated by either a Fob or a door entry system allowing you to choose your visitors. The accommodation is good quality that provides comfort and security and 24 hour support for residents with the provision of a pendant in case the resident has a fall or becomes ill.



Fire Protection

The fire alarms are tested every Friday morning at 10.30 (give or take 5 minutes) by either myself or a colleague in my absence. Any other time please treat this as a real fire and follow the procedure which will be on the back of your front door.

Make the most out of your sheltered accommodation

Communal Areas

We have a communal lounge and kitchen which is well used by the residents. There is also a scooter



Other Information


Basic computer lessons, visiting hairdressers and chiropodists and beautician.

Wi-fi is installed in the Communal Lounge providing residents free of charge access to connect to the internet.

Social Events

- Bingo
- Hoy
- Crib
- board games
- music afternoon/evening
- lunch club
- monthly outings
- whist drives
- Meals
- film night
- ladies night
- Chinese evening.

Please let me know if there is anything else you would enjoy doing.



Useful Numbers

Doctors

Dr C.R.Castle and Partners
Reydon Healthy Living Centre
Off Wangford Road, Reydon
TEL 01502 722326

Out of hours

08447 369530

Repeat prescription

01502 725230

Hospitals

Southwold and District
Hospital
Fieldstile Road,
Southwold.
Tel 01502 723333

Dentists

Nation health

High Street, Southwold.
01502 723379

Private

34 Wangford Road, Reydon.
01502 722373

Housing

Housing Officer:

Angela Bruce

Direct Number: 01502 523125

Rent Officer:

Myles O'Connor

Direct Number: 01502 523126

Housing Repairs:

Rotterdam Road Depot
Rotterdam Road
Lowestoft
NR32 2EF
01502 523593

