



# Retired Living at PLAISIR PLACE





## What is Retired Living?

**Retired Living Schemes are** aimed at people who're over 60 years of age. They are self contained, purpose built flats with their own front doors, kitchens and bathrooms. They are available for both couples or single people and offer independence with support if and when needed. They provide good quality accommodation that has comfort and security, and provides 24 hour support for residents with the provision of a pendant in the event residents need to summon help in an emergency situation.



## Your Scheme Manager

My name is Julie. I have worked for Waveney District Council since 1992. My job is to know all the schemes and how things work. I am based at Plaisir Place in St Peters Street Lowestoft. We are a retired living scheme for people aged 60 and over. There are lots going on in the scheme each day. I welcome any one who wants to come and have a look at any time, to see what it is like.

## Your Retired Living Scheme

Plaisir Place is in St Peters Street for one entrance and Thurston Road for car entry. There are 38 flats within the scheme. The main building has 34 flats and an annex where there is 4 flats. We have a lovely communal lounge and a guest room, where family and friends can stay. The flats each have a lounge, bedroom, shower and a kitchen. This allows residents to be able to live independently. At the back of Plaisir we have a lovely garden where we residents can sit and relax on our benches.



#### Security in and around your scheme

Plaisir Place has a fob to open the main doors both front and back. Also you can use your key for the doors. There is CCTV all around the ground floor. This is for the security of all our residents. There are gates at the side for the St Peters Street entrance. Each flat has a intercom system to allow residents to give access to family/ friends easily from their own flat. Scheme managers, such as myself, can also give people entry into the main building.

## **Fire Alarms**

Plaisir Place has a fire alarm test every Tuesday, at 10am. This is only a test which we do as managers to make sure everything is working perfectly. The fire panel is just in side the main entrance door. Also on the back of every ones flat doors there is a sheet to tell you what to do in the case of a fire.



## Making the most of sheltered accommodation

## **Communal Areas**

Plaisir has a lovely lounge area on the ground floor with large windows to give it a light and airy feel. We also have a pretty garden out the back where residents can sit and read etc..

Wi-fi has been installed to enable residents to access the internet free of charge.



## Social Events

Monday– Coffee mornings Tuesday- Card games Wednesday– Bingo Friday-Hoy Saturday– Bingo

We also have a Christmas Dinner each year



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## **Useful Numbers**

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<b>Doctors</b>	<u>Hospitals</u>	<u>Dentist</u>
Alexandra Road Surgery	James Paget Hospital	John Plummer
Alexandra Road	Lowestoft Road	1 Corton Road
Lowestoft	Gorleston-on-Sea	Lowestoft
Suffolk, NR32 1PL	Norfolk, NR32 1JE	Suffolk, NR32 4PH
01502 526062	01493 452452	01502 567519
High Street Surgery		
High Street		
Lowestoft		
Suffolk , NR32 1JE		
01502 589151		
	Housing	
Housing Officer	Rent officer	<b>Housing Repairs</b>
Gary Mortishire	Jo Barber	The Depot

01502 523166

01502 523516

Housing Repairs The Depot Rotterdam Road Lowestoft Suffolk NR32 2EF

01502 523593