



**Retired Living
at
WESLEY HOUSE**



EASTSUFFOLK
COUNCIL



What is Retired Living?

Retired Living Schemes are aimed at people who're over 60 years of age. They are self contained, purpose built flats with their own front doors, kitchens and bathrooms. They are available for both couples or single people and offer independence with support if and when needed. They provide good quality accommodation that has comfort and security, and provides 24 hour support for residents with the provision of a pendant in the event of resident needing assistance in an emergency situation.





Your Retired Living Scheme

Wesley House is located at the top of Lowestoft High Street. It has easy access to all the shops with the Post Office just over the road as well as a cake shop ! “yum, yum”. The Town Centre is only a quick five minute walk away. The residents are a friendly bunch and would welcome you warmly into the scheme. There are small areas of garden that the residents maintain and also a car park . Wesley House is composed of 34 flats nine of which are suitable for couples. All flats have electric heating and cooking facilities

Your Scheme Manager

“My name is Kim Mitchell, I have been a scheme manager with Waveney District Council for 10 years. Before then I was a residential carer for Suffolk County Council and also volunteered for the Red Cross. It is my job as your scheme manager to ensure that you can remain as independent as possible whilst giving you support as and when you need it”.



Security in and around the scheme

Each resident at Wesley House has a fob to the main door and to their own individual flat. In each flat there is an intercom system which enables residents to give access to visitors via the main door. There are pendants in each flat in case of an emergency. Wesley House also has CCTV at all entrances into the building for extra security.



Fire Protections

All flats are fitted with smoke detectors that are tested regularly. On the back of all the flats front doors are a set of instructions on what to do and where to go in the event of a real fire. Our fire alarms are tested on a weekly basis to ensure they are in full working order.

Making the most of sheltered accommodation

Communal Areas

At Wesley House we have a laundry room and communal kitchen which are available to use as and when residents want to. There is also a communal lounge which is used by all tenants regularly to relax, take part in our social event or just to have a catch up with each other!



Social Events

- Coffee morning on Thursdays
- Beetle Drive
- Darts
- Uno
- Bingo
- Fish and chips night
- Trips out and about .

Wi-fi has been installed to enable residents the use of free internet access.



Doctors

Alexandra Road Surgery

Alexandra Road

Lowestoft

Suffolk, NR32 1PL

01502 526062

High Street Surgery

High Street

Lowestoft

Suffolk , NR32 1JE

01502 589151

Housing Officer

Gary Mortishire

01502 523166

Useful Numbers

Hospitals

James Paget Hospital

Lowestoft Road

Gorleston-on-Sea

Norfolk, NR32 1JE

01493 452452

Housing

Rent Officer

Jo Barber

01502 523516

Dentist

John Plummer

1 Corton Road

Lowestoft

Suffolk, NR32 4PH

01502 567519

Housing Repairs

The Depot

Rotterdam Road

Lowestoft

Suffolk

NR32 2EF

01502 523593