



DEBEN IS OPEN

The new Deben Leisure Centre is now open

See what's new

Hear what Frank says after having a sneak preview

LEISTON GETS THE GO AHEAD

Leiston Leisure Centre set for £3.5m upgrade

YOU HAD YOUR SAY

On leisure in Felixstowe

The new Deben Leisure Centre is now open!

The new Deben Leisure Centre is now open to the public. We hope we have created a facility that will be enjoyed by the community for years to come.

I would like to thank members of Deben Leisure Centre, and everyone in the area, for their support and patience while the work has been going on.

Our commitment to getting more people active is a priority and we hope the new Deben Leisure Centre will be an inspiration for the rest of the redevelopment programme, to create leisure facilities our communities can be truly proud of.

We will now be focusing on the second project in the programme, which is Leiston. Plans for Leiston Leisure Centre has been signed off by planning officials and our Cabinet, and

work will start in September 2018.

We have received the results from our consultation in Felixstowe, and I would like to thank everyone who took the time to have their say on the future of leisure in Felixstowe.

If you have any comments or want more information about one of the projects, please email the team on

leisure@eastsuffolk.gov.uk

*Cllr TJ Haworth-Culf
Cabinet Member for
Customers,
Communities &
Leisure at Suffolk
Coastal*



Deben Leisure Centre is here!

Your new Deben Leisure Centre is open for business



Deben Leisure Centre is open for business after undergoing a £3.5 million refurbishment, bringing state-of-the-art leisure facilities to Woodbridge.

The centre was closed in September 2017 and is the first project to be completed in Suffolk Coastal's five year programme to improve leisure facilities and encourage more people to become active and fit.

The enhanced leisure centre includes a spacious gym with 58 stations and the latest equipment.

There are two new studios for interactive group cycling and group exer-

cise. These are also available for community hire.

A new thermal suite is accessible from the pool area and features a steam room, sauna and ice feature as well as a relaxation area.

The new facility was designed with the Council's development partner, Pulse Build & Design, and will be run by our operational partners, Places Leisure.

For more information about the leisure programme, go to www.eastsuffolk.gov.uk/leisure/sportandleisureredevelopment/

Welcome to your new...

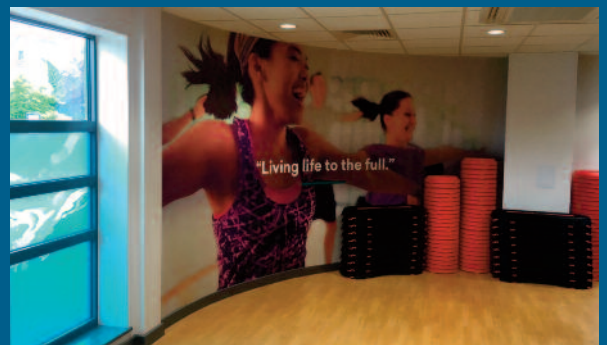
Spacious 58 Station Gym



Thermal Suite



Group Exercise Studio



Interactive Cycling Studio



Deben Leisure Centre is here!



Places Leisure

Part of Places for People

Our operators, Places for People Leisure, will be changing their name to Places Leisure as part of a brand evolution which will see the alignment of its products and services with its parent group, Places for People.

Users of the centre will see a brand new visual identity and logo rolled out with Deben Leisure Centre being one of the first centres to get the new look.

Places Leisure will continue to work towards their mission of 'creating active places and healthy people', delivering physical activity as well as health interventions and outcomes with Wood-bridge community.

For more information and to check out memberships, go to www.debenleisurecentre.co.uk



Save the swifts

Councillor Geoff Holdcroft was on hand to help Edward Jackson, a volunteer from the Save the Swift campaign, install eight swift boxes on the side of Deben Leisure Centre, including a sound device calling them during breeding season.

The aim is to help stop the declining number of birds.

For more information about the campaign, go to www.suffolkwildlifetrust.org/swift



sneak preview

We invited one of the longest serving members (19 years and counting!) of Deben to a sneak preview before the official opening.

Frank, 84 brought his lovely wife, Margie along to see the new leisure centre. Here is what he has to say:

The new leisure centre...

Looks fantastic and I am very impressed. This whole place is very spacious and bright.

I am excited about the re-opening because...

I am a great believer that swimming is one of the best forms of exercise. It works every single muscle and I usually do 30 lengths a week.

I have been going to Felixstowe a few times during the closure but not as much as I would have liked. Now I can go whenever I want as it is right on my doorstep.

Frank says...

Come on down and enjoy this fantastic new centre. There is something for everyone and it will not disappoint - I promise!

Deben goes green

East Green Energy have designed and installed 90 Solar PV Panels on the roof of Deben.

The centre will benefit from up to 24.75kw of renewable electricity which will help power the lights, equipment, thermal suite and swimming pool.

Any used electricity will be fed back into the grid to help power other homes in and around Wood-bridge.

In other leisure news

£3.5 million upgrade for Leiston Leisure Centre gets the go ahead



Suffolk Coastal is bringing state-of-the-art leisure to Leiston, after plans for a £3.5 million refurbishment was given the go ahead.

Work is due to start in September 2018. The centre will need to be fully closed for four months to undergo structural work, with the pool due to reopen in January 2019, and the whole centre expected to be fully open in summer 2019.

The new facility will be given an extension and feature a large gym with modern equipment, including zones for cardiovascular, strength and resistance.

The reception area will have a coffee shop and a soft play area for children, which will provide a great view of the pool.

A new thermal suite, featuring a sauna and

steam room, a feature shower and a relaxation area, will be accessible from the pool area.

There will be more fitness classes available with two new dance studios and a group cycling studio, which will also serve as multi-bookable rooms.

The two squash courts has been retained in the new plan after the feedback we received from the local squash club and other users.

Our operators, Places Leisure will be contacting members of Leiston Leisure Centre over the coming months to discuss available options to them during the closure.

For more information about the redevelopment programme, go to www.eastsuffolk.gov.uk/sportandleisure/redevelopment/

You had your say on leisure in Felixstowe

Thank you to everyone who had a say on what they want leisure in Felixstowe to look like in the future, including local schools Grange CP, Trimley, Fairfield and Colneis.

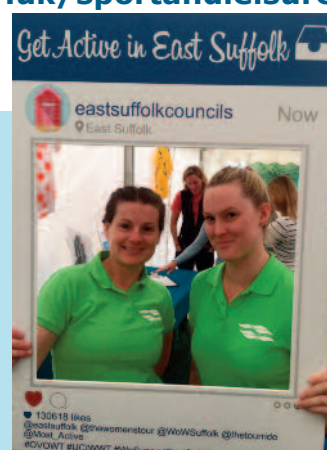
We had over 1,000 responses and are currently reviewing the data which will be available online soon.

What is already clear is that swimming facilities are very important to residents, along with gym facilities and exercise classes.

Another important thing is free car parking on site, as the majority of respondents travel to the existing leisure centre by car.

Suffolk Show 2018

Thanks to everyone who came to see us at the Suffolk Show this year.



We had two busy days and it was great to see so many people excited about the Leisure Redevelopment Programme.

We also celebrated all things bike related so we could shout about the OVO Energy Women's Tour which came to Suffolk on 13 June for Stage One between Framlingham and Southwold.

If you would like to subscribe to further editions of the newsletter, or require further information, email leisure@eastsuffolk.gov.uk