

Round one projects awarded

Group	Awarded	Priority	Description
Bucklesham Parish Council	£5,000	Fit & Active	Funding to purchase outdoor gym equipment
St Peter & St John Parochial Church Council	£5,000	Sustainable Food Projects	To set up a Community Cafe in Kirkley Church Hall.
Bungay Town Council	£5,000	Fit & Active	Funding to purchase outdoor gym equipment
Pathways Care Farm	£5,000	Fit & Active	Funding install warm-up apparatus, cardio-vascular and strength-building equipment plus safety matting and professional installation
Cohere Arts CIC	£4,800	Disability, Hearing and Visual Impairments	Inviting visually impaired communities in East Suffolk to have an introductory experience in co-creation through the medium of audio drama.
Halesworth Volunteer Centre	£2,771.36	Sustainable Food Projects	Funding towards community larder.
The Pear Tree Fund	£5,000	Sustainable Food Projects	Funding towards Cook and Eat project.
Beccles Community Hub/Volunteer Centre	£1,920	Dementia	Funding towards the cost of craft items, refreshments and room hire

Round Two projects awarded

Group	Awarded	Priority	Description
Seagulls Lowestoft CIC	£4,4200	Dementia	To offer a fortnightly sing-a-long session for one hour.
BSEVC (Suffolk Carers Matter)	£5,000	Dementia	This project supports later life family carers of people living with dementia and/or additional difficulties, to start to build connections, friendship and support mechanics with other family carers through a six week programme of facilitated meet ups in community spaces – usually a hospitality venue.
Disability Advice Service East Suffolk	£5,000	Disability, hearing and visual impairments	Relief of fuel poverty in the disabled community
YMCA Trinity	£3,723.03	Dementia	Pilot providing one session a week at their allotment plots for a local care

			home to visit with residents in their care who have dementia and a further session for people living in the community with dementia and their carers.
Tuddenham St Martin Parish Council	£3,561.76	Fit and Active	To make playground user friendly for children with learning difficulties and disabilities
Greener Growth CIC	£4,840	Sustainable Food project	Funding to create Greener Growth Community Kitchen and Wildlife Garden in Carlton Colville
IP17 GNS	£4,368	Dementia	Funding to set up a new luncheon club in the New Forums centre in Saxmundham
Felixstowe Dementia Action Alliance FXDAA	£1,327.20	Dementia	To provide a paid, part time dementia trained Co-ordinator to facilitate the running of Memory Lane dementia Café Felixstowe, and to develop a second café in Trimley; alongside promoting dementia awareness and dementia friendly communities.
Bungay Community Support	£3,022	Fit & Active	Funding to set up a Walk & Talk project.

Round 3 projects awarded

Group	Amount	Priority	Description
Pathway Care Farm	£4,650	Mental Health	To create a community garden which will be open to those whose mental health has suffered, particularly during lockdowns, restrictions.
Beccles Allotment and Garden association	£500	Disability, Hearing & Visual impairments	The aim of the project is for allotmenters who can no longer manage their plots to continue garden on a reduced but still meaningful scale
Involve Active Ltd	£5,000	Sustainable Food Projects	Community Food - Developing an allotment for people with learning difficulties. Active/Fit - Young people will become fit/active through this project
Everyone Active (SLM Community Charitable Trust)	£4,830	Fit and Active	Funding towards the Everyone Should Swim project

Emmaus Suffolk	£5,000	Mental Health	Funding towards Mental Health Community Hubs.
Disability Advice North East Suffolk (DANES)	£5,000	Disability, Hearing & Visual impairments	Funding towards Warm and Well in Waveney project
Wild About Campsea with Campsea Ashe Parish Council	£4,900	Mental Health	Wild About Campsea Community Garden.
The Wardens Trust	£5,000	Disability, Hearing & Visual impairments	Funding towards offering a weekly Bath Day and Lunch Club to a group of very severely disabled local elders, many also with dementia, who are unable to access a bath in their own homes.
DanceEast	£4,832	Fit & Active	Funding towards Felixstowe Movers groups.
Seckford Care	£4,967.56	Dementia	Project for older people living with dementia and their carers to feel less isolated than many currently do especially following the significant impact of the Covid-19 pandemic.
Cohere Arts CIC	£2,800	Fit & Active	'Gentle' – a seated movement to music class by Cohere Arts
Beccles Fenland Charity Trust	£4,400	Fit & Active	To create an open access trim trail around the Quay and Marsh Trail area in Beccles, improving access to fitness for adults and giving the option for more of a challenge than a simple walk or run.
Waveney Gymnastic	£1,899	Dementia	Now with restrictions being lifted by the government they would like to start the Love to Move programme.
Kessingland Parish Council	£5,000	Disability, Hearing & Visual impairments	This project will look at providing accessibility from the Francis Rd Playing Field car park to the play area and to specific areas of the play area.
GoGeronimo	£2,316.75	Fit & Active	To coordinate 3 x summer activity workshops in each of the three market towns (Beccles, Bungay and Halesworth).

The Pear Tree Fund	£5,000	Dementia	Reminiscence project supporting people with dementia and their carers to rediscover and relive memories and their shared lives, helping slow progression of the disease and promote positive wellbeing and social inclusion
Burgh School Room	£130	Mental Health	Funding towards running a Coffee morning.
Walpole & Cookley Playing Field Trust	£5,000	Fit & Active	Funding for new playground equipment
The National Literacy Trust	£5,000	Mental Health	To create a network of storytelling chairs in the Lowestoft area that create spaces for local people to meet, enjoy the outdoors, learn about the environment and enjoy reading
Lowestoft & Waveney Breastfeeding support	£5,000	Mental Health	Mental Health Parenting support group.
Wickham Market Parish Council	£1,990	Mental Health	Funding to set up a community choir group.
Pakefield Parish Church	£3,042	Mental Health & Fit & Active	To help to improve the Mental wellbeing of the young people and families in their community
The Pear Tree Fund	£5,000	Mental Health	Journey through the Field of Art project.
Re-utilise	£3,700	Mental Health	Funding to run pottery and craft workshops.
Disability Advice Service East Suffolk	£2,500	Disability, hearing and visual impairments	Funding to make disabled toilet facilities properly fit for purpose

Round 4 Projects awarded

Group	Amount	Priority	Description
Suffolk Mind	£2,500	Mental Health	Funding towards a LGBT+ Peer support group in Felixstowe
ActivLives	£2,427	Mental Health	Funding to support the continuation and expansion of the singing group.
Suffolk Libraries	£5,000	Mental Health	By providing a space where men are encouraged to form

			connections and relationships, it is intended that this project will help break down this social barrier to male mental health
Hour Community	£2,500	Mental Health	Funding towards the cost for the Worry Tree café.
Cancer Campaign in Suffolk	£2,000	Mental Health	Counselling sessions for Cancer patients
Suffolk Artlink	£3,504	Mental Health	The project will provide an engaging, sociable and inspiring environment focused on creative wellbeing in nature, using local assets as stimulus (e.g. Lowestoft Beach and local green spaces)
Inspire Suffolk	£2,500	Mental Health	To work with young people to improve their outlook, wellness, and mental health
Bungay Community Suffolk	£4,170	Mental Health	To offer a new fortnightly free art group. There will be space for 10 people to join each session, with each of the 13 sessions lasting about 2 hours
Cruse Bereavement Support Suffolk	£4,000	Mental Health	Clients will receive structured 1-2-1 bereavement support over six sessions, helping to identify tools for coping with grief and improving their ability to self-manage.
The Pear Tree Fund	£5,000	Mental Health	Pilot a Holistic Group Wellbeing Programme at the Pear Tree Centre, Halesworth & Kaliwoods, Holton over 26 weeks