



East Suffolk
Community
Partnerships

Bringing ideas to life

Carlton Colville
Kessingland
Southwold
& villages



NEWSLETTER MAY 2023

Welcome to our first newsletter for the Carlton Colville, Kessingland, Southwold and Villages Community Partnership!

In this edition we'll be looking back on the work of the Community Partnership over the last couple of years, including our post Covid and Cost of Living Work. We'll also be looking at the exciting plans and partnerships we're working on for the year ahead.

PRIORITIES 2022-24

- Reducing Social Isolation and Loneliness
- Facilities, Education and Opportunities for Young People
- The CP also committed to considering transport and rural isolation when commissioning projects under the two priorities above.



6 MAJOR PROJECTS FUNDED IN 2021/2022

1 Equipment for Kessingland Men's Shed

Enabling the team to tackle social isolation and loneliness, improve mental and physical wellbeing, and equip members with new skills.

2 Equipment for Kessingland Community and Kitchen Garden

Creating a community space where people can come together, learn new skills, share food resources and be outdoors.

3 2 Virtual Walks in Carlton Colville

Improving community connectedness, raising the profile of the village. Improving environmental and historical awareness and encouraging physical activity.

4 Operation Outdoors

Creating an outdoor education and recreation area for school and community use. Improving rural facilities, physical and mental wellbeing and creating a gathering place.

5 Southwold Skate Park

Replacing the old wooden skate park with a new, up to date, concrete park for toddlers to pros!

6 Sports Equality Project

Increasing accessibility to sports and physical activity for young people post Covid. Building confidence, improving wellbeing.





SMALL GRANTS, BIG IMPACT

**11 grants awarded
with a total of
£13,056.**

**Grants are awarded
across the CP area
and benefit a wide
demographic**



PROJECTS INCLUDE:

- Activities for adults with additional needs.
- Enhancing facilities in rural communities.
- Improvement of park/green spaces
- Environmental/nature engagement.
- Enhancing community group facilities to allow for expanded reach.



EASE THE SQUEEZE



COST OF LIVING SUPPORT IN YOUR COMMUNITY PARTNERSHIP AREA

- Grants for all our primary schools to fund uniform and shoes for families in need.
- The purchase of 40 slow cookers, microwaves, air fryers or table top hobs for residents in difficulty.
- The development of a local professionals resource, setting out a comprehensive list of cost of living support for residents.
- 4 Cost of Living Roadshows in the CP area
- 3 Warm Room venues with many others offering 2-3 hour sessions.

VOLUNTEERING

The Community Partnership has committed to supporting the Suffolk Volunteering Strategy and Action Plan.

We will be:

- Working with Community Action Suffolk to implement the strategy locally.
- Encouraging use of the Suffolk Volunteering Portal
- Equipping local charities and groups to develop a positive volunteering culture.
- Supporting a local recruitment campaign.

WHAT NOW; PLANS FOR 2023

A WHOLE CHILDHOOD EMOTIONAL WELLBEING PROJECT

Baby to Preschool

Training and equipping community settings to support families with emotional and social development and to identify issues at an early stage. This includes preschools, nurseries, baby and toddler groups.

Primary Mental Health

To equip schools to develop emotional wellbeing and resilience to challenges. This includes whole school programmes, training in trauma and resources.

Secondary Mental Health

To expand professional counselling provision in one of our secondary schools to allow more students to access timely support.

PARTNERS ON THESE PROJECTS INCLUDE :

- Local primary and secondary schools
- Local preschools and nurseries
- Toddler Groups
- Suffolk Mind
- The Healthy Child Service
- Community Action Suffolk
- Impact Youth
- Parish Councils
- The ICB
- The Thrive Programme

We're always looking for new partnerships and are keen to support systemic change. If we can work with you please let us know!



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COME JOIN IN!

The Carlton Colville, Kessingland, Southwold and Villages Community Partnership consists of East Suffolk councillors, town and parish councils, health, businesses, voluntary organisations, community groups and youth representatives.

We work collaboratively to solve local problems identified by local people and make a difference on the ground in our communities.

We are looking for more members to join us as we take forward this year's ambitious programme. We are particularly keen to engage further with those involved in health, public safety, local community groups and education.

Please email the Community Officer Gemma on gemma.fraser@eastsuffolk.gov.uk for more information