



Lowestoft and northern parishes Community Partnership Workshop

Monday 28th October 2019

Riverside, Canning Road, Lowestoft

Attendees:

Gill Armstrong	Corton PC
Peter Armstrong	Corton PC
Cllr Paul Ashdown	ESC – Community Partnership Chair
Phil Aves	Lowestoft Rising
Stephen Baker	ESC – Chief Executive
Alison Begley	One Life Suffolk
Luke Bennett	ESP
Richard Best	ESC – Economic Development & Regeneration
Kerry Blair (F)	ESC – Corporate Management Team
Zoe Botten	ESC – Communities
Emily Bowman (F)	ESC - Planning
Cllr Peter Byatt	ESC
Elizabeth Casey	Suffolk Police
Cllr Jenny Ceresa	SCC
Mike Chaplin	Catch 22
Peter Collecott	Oulton PC/Lowestoft Town Council
Jeni Cook	ESC – Economic Development & Regeneration
Cllr Linda Coulam	ESC
Janet Craig	ESC
Andy Cuthbertson (F)	SCC
Dave Eagle	Community Action Suffolk
Sarah Foote	Lowestoft Town Council
Gabriela Fox (F)	ESC – Economic Development & Regeneration
Cllr Steve Gallant	Leader, ESC
Cllr Andree Gee	ESC
Cllr Louise Gooch	ESC
Stuart Halsey	ESC - Communities
Jonny Hawes	Sue Ryder
Georgina Hirst	ESC - Communities
Judith Hobbs	Lound PC
Lisa Irvine	ESC – Housing Needs
Andy Jarvis	ESC – Strategic Director

Janet John	CA North East Suffolk
Gill Jones	Healthwatch Suffolk
Michele Judd	MyTraining
Sandy Keller	Oulton Broad PC
Nick Khan	ESC – Strategic Director
Neil Livingstone	Ashby, Herringfleet and Somerleyton PC
Sophie Martin	ECCH
Jo McCallum (F)	ESC - Communities
Lisa Mills (F)	ESC - Planning
Jane Murray	Oulton PC
John Murray	Oulton PC
John Nichols	Blundeston and Flixton PC
Tina Pace	Oulton Broad PC
Ben Parish	Lowestoft Community Church
Jo Pawett	JPUH
Cllr Malcolm Pitchers	ESC
Paul Quick	Saffron Housing
Emma Ratzer	Access Community Trust
Maggie Rayson (F)	Community Action Suffolk
Sue Read	Ashby, Herringfleet and Somerleyton PC
Cllr James Reeder	SCC
Nicole Rickard	ESC – Communities
Cllr Craig Rivett	ESC
Keith Robinson	ESC and SCC
Cllr Mary Rudd	ESC
Amanda Sear	Coastal Health
Paul Sharp	Suffolk Police
Sam Shimmon (F)	ESC – Housing
Claire Simons	Suffolk Police
Cllr Letitia Smith	ESC – Cabinet Member for Communities
Danny Steel	Lowestoft Vision
Matt Stebbings	Sentinel Leisure Trust
Geoff Stevens	Pathways Care Farm
Claire Taylor-Haigh	Women Like Me
Louise Thomas	ESC – Communities Support Officer – Support Officer
Miles Thomas	Lound PC
Rachel Tucker	ESC – Communities Officer – Lead Officer
Cheryl Willis	ESC – Economic Development and Regeneration

Community Partnership Data Pack

1. What statistic surprised you the most?

- The prevalence of older people
- Younger people are leaving
- 49% of people don't exercise x 2 (even though the facilities are there to do so)
- Obesity rate x 4
- Sixth Form College data and difference from High School results
- Primary and Secondary School stats
- Level of Looked After Children x 4
- 25% of children affected by deprivation x 3
- Life expectancy across the CP area x 3
- Social isolation in town
- High levels of people with depression x 2
- Level of hard to heat homes x 2
- Air quality levels x 2 (even on the coast)
- Population size – is this correct?
- 80+ years most over-represented age group
- % of town working – seasonal work

2. What statistic(s) do you want to know more about?

- Why are people inactive?
- Connection between low income and health / activity levels
- Income deprivation – information about whether people are accessing help
- Children living in income deprivation – what does this mean?
- Causes of social deprivation
- Where are the homes that are hard to heat?
- Are the homes that are hard to heat privately owned/rented? There are grants to support – awareness raising needed?
- Disability and social isolation – what sits behind this?
- Social isolation – reasons behind this and impact and barriers
- How data sets relate e.g. mental health stats broken down by age
- Children in Care – information about where homes are in the area
- Children in Care compared to rest of Suffolk/England
- Rural transport
- Mental health
- Employment and education – when were statistics collated, relates to impact of UC
- English as a second language
- Age 85+

3. Do you think there is any data missing from the data pack?

- Where are people coming from to go to the Sixth Form College?
- Social isolation – break down by age and disability
- Young People – disconnection from school etc.
- Migration of people

- Returners from University
- Crime and Community Safety x 6
- Health statistics overall and long term
- Physical activity in schools/after school to boost activity levels
- Single parent families
- Mental health data – not just depression
- Homelessness
- Alcohol and Drug misuse x 2
- Suicide data
- Internet/Broadband
- Phone signals
- Access to healthcare – ability to see a GP easily/within a reasonable distance

Community Partnership Priorities

- 1. Mental Health and Wellbeing (45 votes)***
- 2. Tackle childhood obesity (31 votes)***
- 3. Reduce social isolation – all ages (31 votes)***

Voting Table

Lowestoft and northern parishes Community Partnership

Priority	Votes	Priority
Support people to age well e.g. health / activities / money	23	
Help people access money & manage money better	5	
Reduce life expectancy gaps for both Men and Women	1	
Supporting people with Dementia and their carers	1	
Improve mental health and wellbeing across the area	45	1st
Tackle childhood obesity through healthy eating & exercise	31	2nd
Support, encourage & enable everyone to be more active	20	
Help to improve the life chances of Children in Care	10	
Support those on low incomes to access life essentials, focus on child poverty	17	
Support local schools to continue their progression	8	
Help people to heat their homes	6	
Sustainable, affordable transport	10	
Family Support	13	
Crime and Anti-Social Behaviour	10	
Aspirations and Life Skills	20	
Social isolation – all ages	31	2nd
Positive activities for young people	20	
Rural services	6	
Building businesses and employment	9	

Individual Comments

Ageing

- How to facilitate better communication with the working population
- Encourage fitness in older people

Community Pride/Spirit

- Build a resilient community
- Lack of community spirit
- Creation of communities
- Investment in arts and culture to improve investment opportunities and cohesion
- Keeping families together and promoting family values
- Family help needed
- Promote Good Neighbour Scheme, Men's Shed, Meet Up Mondays, Neighbourhood Watch
- Greater promotion of events

Crime, Community Safety and ASB

- Substance misuse
- Anti-social behaviour
- Crime and ASB x 2
- Street Crime
- Scamming and Fraud
- Domestic violence

Deprivation, Poverty and Income

- Undertake analysis of the various causes of poverty and deprivation
- Support in specific areas with high numbers of children living in deprivation
- Engage with low income and deprived areas x 2
- Child poverty including food poverty – linked to family support x 3
- Support for families living in poverty x 2
- How many working people rely on Universal Credit and Food Banks? X 2
- Fund the Food Bank
- Food for school age children x 2
- Breakfast clubs to be offered to all deprived children
- Reduce need for Food Banks and similar projects
- Income deprivation
- Reduce number of children affected by income deprivation
- Help break generational acceptance of living on benefits
- Additional support for those on UC e.g. budgeting classes x 2

Digital

- Access to Broadband
- Access to mobile phone networks

Education and Schools

- Provision for under 5's – preparation for school
- Improve the quality of education / secondary education x 7
- Improve Ofsted results for local schools
- Raise aspiration x 3
- Raise aspirations and basic life skills x 2
- Encouraging aspiration post school
- Provide further education to support trade and industry in the CP area
- Poor school results = lack of aspiration in young people
- Encourage high school children into apprenticeships as well as 6th Form x 2
- Education support and involvement
- Access to a place at a primary school if you live in the catchment area

Employment

- Investment in the Town to enable new business opportunities to provide employment / Opportunities for investment and growth x 3
- Encourage competition
- Employment
- Employment opportunities for those with special needs
- Enterprise support

Environment and Climate Change

- Fly tipping

Housing

- Not enough housing for disabled people (not just in wheelchairs)
- Affordable housing
- Warmer homes x 2
- Housing conditions
- Home visits
- Balance of housing land to industrial land

Leisure

- Things for families to do – affordable and especially in the winter
- Activities for rural children
- Make exercise more accessible to those who can't afford it (gym or pool costs)
- Offer a pleasant open area for older people to enjoy
- Enhanced community facilities e.g. new village halls

Mental Health and Wellbeing

- More help/better support for people with mental health issues x 8
- Mental health and young people
- Mental health – living with it and understanding causes and impacts
- Mental health support/provision for schools

- Mental health impacts many other aspects of life e.g. exercise, social isolation
- Dementia x 2
- Awareness of dementia
- Mental health and learning disabilities

Physical Health and Wellbeing

- Address lack of exercise/activity (in the community) x 10
- Improve education of both children and adults regards exercise and good diet
- Introduce fruit to primary schools to work towards reducing weight
- Increase enjoyment in physical activity – free activities for all – ensure that activity in childhood continues into adulthood x 2
- Physical activities from school to the elderly
- Address barriers to exercise in order to increase involvement
- Outreach to rural areas to address lack of exercise
- Getting all age groups to engage with the natural environment for free exercise
- Overweight children x 8
- If childhood obesity becomes normal it will become a pattern for life
- Reduce effects of long-term conditions/morbidity x 2
- Pockets of health problems
- Access to a GP within a reasonable time
- Bring medical facilities to rural areas – mobile surgery?
- Social prescribing
- Reduce the differences in life expectancy by raising the lowest x 3

Social Isolation

- More information on social isolation – ages and why
- Social isolation in the elderly x 2
- Social isolation x 9
- Social isolation and feeling valued
- Social isolation – reducing mental ill health and long-term conditions
- Encourage communication between residents to combat isolation and depression
- Improve community facilities to promote social interaction

Transport

- Transport x 3
- Rural Transport x 3
- Support for community transport and other forms of affordable sustainable travel within the area
- Lack of flexible transport
- Transport in Oulton area

Young people

- Ensure young people know how to access good stable work

- Provide more facilities/groups for young people – the loss of youth clubs has been detrimental x 3
- Positive activities for young people
- Encourage young people to interact with the elderly
- School children to interact with the elderly who live alone like the 'adopt a granny' schemes
- Facilities for youth sport
- Youth support x 2
- Outreach youth workers
- Support for children in care and young people leaving care – independent living support

Traffic

- Traffic in London Road North

General

- More of this sort of thing – joining up the dots, building and doing something
- Greater partnership working between community organisations and Councils
- Community Enabling – bottom up not top down
- Allow communities to do the things that they believe important e.g. new 'self-help' schemes for parish councils