

Art project

Are you a keen artist or photographer? Maybe you'd like to try something new?

We are looking for you to create artwork of your choice, be it a drawing, painting, photograph or digital work, which captures positive wellbeing and inspires hope of mental health recovery.



Be as creative as you like – there are no rules

We look forward to seeing your work



Your artwork will be used across the Trust from postcards and leaflets to social media to provide inspiration for those who use our services, families, carers, supporters and staff.

You will need to be able to either scan your artwork or take a photo of it and send in via email. Additionally, you can also choose to post your artwork to the address found on the consent form.

Please contact Sophie Davies, People Participation Lead for Suffolk Children, Families and Young People's community mental health services, for a digital consent form to send with your submission and any questions.

Email sophie.davies@nsft.nhs.uk

