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Prince's Trust

Call for dates near you

Prince's Trust

## Explore new skills, develop your confidence and improve your chances of finding a job.

- Free online training and support
- Build your confidence & communications skills
- Train to ace interviews & write stand-out CVs
- Learn how to manage your finances
- Explore ways to look after your mental health
- 6 months support to help find and apply for jobs
- Chance to apply for grants (average grant £150)

• Available to young people, 16-30 in the East of England not in full time work, training or education.





Social Fund

## To Find out more Contact Harry Sampson:

Email:Harry.Sampson@princes-trust.org.uk Call: 07483 981306 **Or Search Princes Trust Explore** 



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