



Editors Note

Our vision and goals for 2018—2030 have been set with an eye on UN Sustainability Goals, government and local authority priorities, and the views and ambitions of our own supportive, passionate, local people and organizations. Read on for these, our call for volunteers, low impact celebrations, getting active in nature, upcoming events, support for businesses and communities, giveaways and more.

Christmas is fast approaching and we are all making decisions on what to give our loved ones and how to wrap them. String and newspaper and the left over lovely paper wrappers from a certain plastic free brand of toilet roll are our choice. Oh and a lovely wooden advent calendar: maybe something for the fabulous [Mens' Sheds](#) to try their hand at?

Do you need present thoughts for the festivities?

If you have time pop into your local shops and set yourself the challenge of hunting down the no plastic pressies. If you are short of time try online—remember these are only ideas from folk trying to cut their own impact there are lots of other retailers out there.

Marine Conservation Society

www.mcsuk.org/plastic-challenge/shop

Surfers Against Sewage

www.sas.org.uk/collection/eco-living/

Klean Kanteen

www.kleankanteen.co.uk/

Boobalou

www.boobalou.co.uk/product-category/eco-living/

Boxed, 100% recycled toilet roll that builds toilets

<https://uk.whogivesacrap.org>

Getting active in nature

A big thank you to all who are looking after nature. Whether it is a regular #twominutebeachclean, helping manage the land for wildlife or carefully improving access for wheelchair users and guardians of children in buggies. Or even using your artistic talents or negotiation skills to get important messages about being active in and improving nature. Every action is important and many are very specific to what makes the land extra special to wildlife and us. Sustained, carefully planned effort can make a difference. An example from Mumbai is the effort of [UN Earth Champion Afroz Shah](#), a 36-year-old lawyer and his team 12,000 or so volunteers on Versova Beach. Since 2015 they have acted to turn it from a seaside rubbish tip into a beach that can be enjoyed and which supports the local fishing industry. As he has found it is not always easy, the path to improvement is not smooth and it needs to engage everyone from local waste collection authorities, to government to producers of the waste and the local community. Yet it is one we must travel.



#2minutebeachclean AONB post



Ben Matthews [two days beach clean](#)



#twominutebeachclean #Greenprint



Landguard Nature Reserve

Norse Footprint Volunteers on the 14th November 2017 laying the path to create a circular route for wheelchair users at Landguard Nature Reserve and to encourage visitors to use this route to limit damage to other areas of vegetation. Volunteers have also been restoring our precious [heathland](#) with work having begun on clearing a further 3 hectares of trees from Upper Hollesley Common. A few heather seedlings have already appeared on last year's cleared land and if it follows the example at Sutton Heath we should see a wonderful heather carpet developing over time.



Hollesley Allotments

Suffolk Coast & Heath volunteers have been busy creating Community Tree Nurseries so that the right trees can be planted in the right places to benefit nature as well as people. This has involved digging in/knocking in posts, attaching wire, weeding, attaching a gate and trimming back hedges.

Is your businesses prepared for shock survival now and in the future?

The Suffolk Climate Change Partnership is looking to get a feel for how businesses of all sizes in Suffolk are surviving shocks (financial, weather, staff or other) and how they are planning to build their ability to cope with future shocks. It will help us identify what support is working at the moment and what more may be needed.

If you run a business any where in Suffolk or are connected to one please forward this online questionnaire www.surveymonkey.co.uk/r/businesscontinuity-resilience to someone in it who makes decisions that will help the business continue whatever comes your way now and in the future and ask them to complete it – or complete it yourself if this is you (there are just 10 questions and it typically takes 5 minutes). Groundwork has worked with many organisations including [T A Hotel Collection, Suffolk](#) to help them improve their level of resilience under climate change. The review used the output of the online Resilience Healthcheck at businessresilience-healthcheck.co.uk find out more online or call 01473 350 370 and ask for a call back.



Additional information that may be of benefit to your business

- 1) If you are supplying Suffolk Coastal District Council with goods or service please ensure your invoice is addressed correctly to enable us to pay it: Suffolk Coastal District Council, East Suffolk House, Station Road, Melton, Woodbridge, IP12 1RT.
- 2) So far @BeeAnglia has awarded £143,000 in grant funding for various energy efficiency projects including radiant heating, vehicle tracking, wood burner and lighting, helped 472 organisations and identified cost savings of £2,752,767 (£5,832 per business) and carbon savings of 25,046t (53t per business). The savings identified are the equivalent of 7,443 flights from London to Sydney. The BEE Anglia project is funded by the European Regional Development Fund and is being delivered across the region through a partnership of Groundwork, Norfolk County Council, NWES and Suffolk County Council. To date the project has reviewed
“Having a BEE Anglia advisor come to our business and take the time to understand our individual needs and requirements was very valuable; the report that they produced for us has enabled us to prioritise improvements to our premises that will have the most significant energy and cost savings and reduce our carbon footprint. The fact they could then help us with a grant towards this was a very welcome bonus.” Tim Basey-Fisher, St. John’s Hall Storage in Beccles.
Find out more www.beeanglia.org call us on 01473 350370
- 3) Food business operators are required by law to ensure that food handlers receive appropriate supervision and instruction/ training in food hygiene in line with their work activity and should enable them to handle food safely. To help businesses ensure that employees are trained, Suffolk Coastal and Waveney District Councils jointly run a nationally recognised training course, the Level 2 Award in Food Safety in Catering. www.eastsuffolk.gov.uk/business/food-safety/food-safety-training/
- 6) Getting The Green Edge checklist www.eastsuffolkpartnership.org.uk/assets/Uploads/Getting-the-Green-Edge-August-2017.pdf
- 7) Babergh and Midsuffolk www.midsuffolk.gov.uk/business/support-for-business/
- 8) East Suffolk Business Support www.eastsuffolk.gov.uk/business/
- 9) Ipswich Business Support www.ipswich.gov.uk/content/support-businesses
- 10) West Suffolk Business Support www.westsuffolk.gov.uk/Business/Start_and_Grow_Your_Business/find-funding.cfm and www.westsuffolk.gov.uk/Business/Start_and_Grow_Your_Business/businessenergy.cfm

Celebrating in low impact high fun style

You may remember that a recent Greenprint Newsletter asked for reports of low impact celebrations: Greener Waldringfield have responded and what follows is a great inspiration for us all, especially those of us with allotments and vegetables to spare.

Building on the vision of a former resident of Waldringfield, Greener Waldringfield this year resurrected the Pumpkin Party. The visionary hoped it would become an 'instant tradition' using as much and engaging as many of the village as it could. This vision has been honoured and tweaked to make it even more engaging and lower impact. No [sky lanterns](#) or flaming brands but even more fun.

At the village hall for a mere £3 per family 100 adults and children had great fun carving pumpkins, making hand rolled beeswax candles, pressing apples, making lanterns for the parade and making vegetable boats and testing them in a paddling pool. They competed to make the longest apple string and had lots of tea, cake and lovely apple juice.

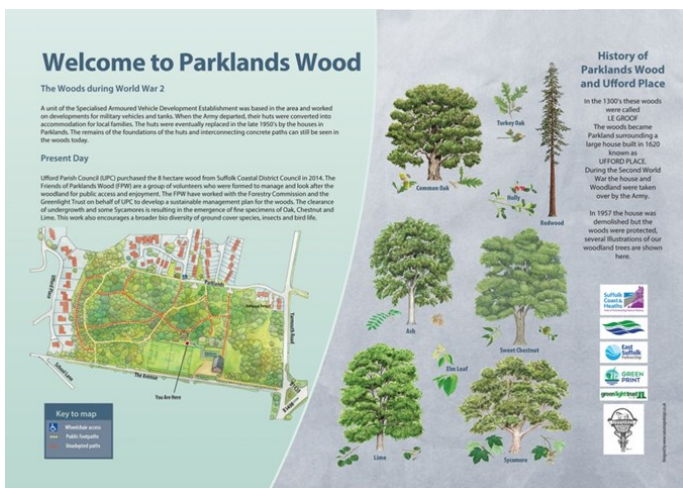
The group then progressed down through Church Field between the trees, and then along a muddy footpath to the river with their lanterns and launched their boats on the river. Drinks and soup were purchased by some from the Sailing Club and a ghostly sailor drifted by with his story being told to all on the shore. Live music and a bonfire and more drinks and laughter followed.



Please do send your stories and images to greenissues@eastssuffolk.gov.uk to inspire others.

Councillor Funds Enable Community Environmental Action

Don't forget that enabling budgets can be used to support environmental action. In 2017/18 Councillor Harvey has pledged £250 and Councillor Block £500 towards the project to extend the summer foot ferry service which runs between Felixstowe Ferry and Bawdsey Quay. Councillor Bidwell has funded a one-off payment towards insurance for a community cycle trail in Ufford. Funding has come from Councillor Burroughes towards the purchase and installation of an eco-toilet for use by Yoxford Community, including volunteers and a dog bin for Cratfield. Councillor Yeo has funded wild flower planting in Nacton. All Councillors have some funds remaining to be spent by February 2018. So if you are in Suffolk Coastal and have an environmental project that is calling out for funds visit www.eastsuffolk.gov.uk/community/community-grants-and-funding/. If you are in Waveney it is a case of waiting until 2018 for the funding pot to open again. For other councils areas check your own council website and see what they offer.



Tweet sized snippets from our members. Please retweet or share

Swift Action, walking trails, owls, volunteers and so much more can be found in the latest [AONB newsletter](#).

On 6 November 2017, on the 800th anniversary of the 1217 Charter of the Forest, the new [Charter](#) for Trees, Woods and People was launched.

Renewables stand to dominate the future of UK generation and could provide more than half of the UK's power by the mid-2020s <https://uk.eaton.com/content/content-beacon/RE-study/GB/home.html?wtredirect=www.eaton.com/tippingpoints>

Celebrating the pedal power way

When birthday treats and well wishers come out on a ride you know you are amongst friends. On my ride out with Cycle Felixstowe one month ago I was pleased to see this take place as we stopped off at Goslings for a well earned drink and slice of cake.

Cycling is a great way to celebrate a special event like a wedding or birthday, to enjoy quiet time alone, to be sociable and join a small group ride out or out on the roads to really exercise with a few others at speed. Felixstowe is fortunate enough to have two groups that I know about and perhaps even more that I don't. We also have our own [Cycle Rickshaw Company](#).

On the second Saturday and fourth Sunday you can join [Cycle Felixstowe](#) on a ride. For families and those who prefer riding off road at a slow pace there is a 9.30am ride from the pier to the viewing Café with a breakfast stop. For those who like riding at a medium pace and in a supportive group there is a 10.30am ride starting from the Triangle. If you have not ridden for years and need a refresher on the rules of the road, when to change gear and what to look out for one on one confidence rides on quiet evenings can also be organized. The groups aim is to encourage all people of all ages and abilities to give cycling a go to improve their health and wellbeing and reduce their environmental impact.



Our new vision East Suffolk is acting together to ensure well adapted, interconnected, healthy, improved environmental impact and fair lifestyles by 2030.

Our new goals (alphabetical order)

Energy generating homes - Existing buildings are retrofitted to be net energy generators with very little under occupancy and include nature enhancement and circularity as much as possible.

Fair employment - Employment which recognises the value to society of all jobs, skilled and unskilled and uses every opportunity to improve the natural environment.

Healthy humanity – People are reconnected with the natural environment, not isolated and scared but active and supportive with people able to work from home or within their local area so that they are on hand should they be needed.

Low emission travel - Cycling, running, walking, electric cars and low impact affordable public transport are the main ways people get around.

Nature first – People recognise the value of the natural world and are proactively protecting and enhancing it.

Pollution free environment – In the interim litter/debris from activities has been reduced and any that does still get into the environment is cleared by local volunteers within days. Use of plastics is tightly controlled and routes to the natural environment stopped. In the long term no materials causing significant harm are made we are simply producing good food and products following circular economy and permaculture principles.

Transformational change - Developments are visionary, taking us forward on the journey to adapt and re-stabilise the climate so that it is suitable for humanity to continue to thrive. They will include circular economy and whole life thinking designs that limit environmental impact and meet changing needs of occupants and communities. They will include nature enhancement measures.

These are the vision and goals agreed by the Greenprint Forum steering group on 21.11.2017. They are linked to UN, national and local ambitions as well being informed by feedback from supporters of the forum and members at previous Forums. **Please think** really hard if anything you are doing, half doing and have got stuck on or would like to do but need support to do so would help us deliver these goals. If you are able to work across East Suffolk becoming a working group for the Forum is a way for you to get ongoing support, solidarity and potentially to access resources. Or if you are working on a project in your community that would support our vision but would like some help again let us know, just email greenissues@east Suffolk.gov.uk. Those who have already emailed—thank you. Things may not happen as quickly, or in the way initially anticipated but we will do our level best to work with you to achieve



Thank you to all members of the Steering Group for their hard work over the years. For 2018:

Andrew Cassy returns as Chair and East Suffolk Partnership Board Member

Betsy Reid, Cathy Smith, Debbie Wargate, Guy Ackers, Jane Healey, Luke Bennett, Peter Ross and Phil Gore will be continuing in their service.

Cllr Carol Poulter and Cllr Graham Catchpole are joining us.

Members will have a chance to meet the Steering Group on **28 March 2017, 5.30pm – 6pm**, at our Annual Meeting. This will be open to all members of the Forum.

This will be followed by **Plastics know your place in the community – An East Suffolk Partnership Roadshow**, 6pm to 9pm. The details are being worked up in conjunction with Transition Woodbridge following their successful screening of 'Bag It' and the night of plastic action which saw 39 turn up to share experiences in low plastic living to date and discuss how we could move forward. Those showing an interest ranged from age 10 and upwards.

The plan is that this will lead onto a year of focused communications across a variety of art forms and action around living as plastic free as possible without increasing other waste and reducing (ideally stopping) routes to nature.

As part of this Transition Woodbridge would love to hear about your efforts to reduce your use of single use plastics, what works and what doesn't? Where can we shop locally? Does it cost more? Do you think that this matters?

Please email ttwoodbridge@gmail.com or add a comment to their Facebook page www.facebook.com/TransitionWoodbridge/

There will be a further Greenprint Forum **Wednesday the 26th September** 6pm to 9pm, Riverside entitled 'Plastics know your place in business'. The detail is yet to be developed but it is going to be good and well worth not only community representatives but business owners and representatives putting in their diary.

If you want to be involved in the development of these forums or indeed the year of communications and action and/or have events/activities underway that we should be aware of and could link into please contact greenissues@eastsoffolk.gov.uk.



Waldringfield Wildlife Group



The glow worm is a declining beetle in the British countryside in desperate need of conservation action. On Saturday 9th December an illustrated talk will look at the life cycle and habits of this charismatic species and what needs to be done to ensure its survival.

Tim is an award winning ecologist, poet and children's author from Manningtree in Essex. Tim is also a bio diversity officer with the Environment Agency working on improving the ecology of rivers and seawalls in Essex. Tim's first collection of poetry, *Wilderness*, was published by Brambleby Books in 2015. Tim's debut children's book, *The Voyage of the Queen Bee*, was published by the Bumblebee Conservation Trust in 2016

Tim has agreed to bring some of his children's books to sell, they might make nice Christmas presents. He may even read a couple of his nature poems if people are interested.

The talk starts at 11.00 am in the Kennedy Room at Waldringfield village hall. This is to be preceded by a members meeting at 10.00am and followed by members Christmas bring and share Christmas lunch. The programme for 2018 will also be launched.

'Keep It Clear' campaign comes to Riverside



Anglian Water and Groundwork have teamed up to deliver the important 'Keep It Clear' campaign to raise awareness amongst residents and organisations of what we can all do to prevent 'avoidable' blockage incidents, and the inconvenience they cause (which costs £7 million a year to clear!). It focuses on reducing sewer blockages throughout their supply area and aims to deliver key messages in Lowestoft with the ambition of considerably reducing blockage reduction, water pollution and cutting down on costs for the customer! We will be handing out FREE WATER PACKS on Thursday 14th December at Riverside, 4 Canning Rd, Lowestoft, NR33 0EQ

They will contain practical guidance through informational flyers, topical giveaways such as metal sink strainers, fat trap tubs and scrapers and fridge magnets to help customers follow these guidelines.

Request for Help

Greener Sax are starting work on our new wheelchair friendly garden at the Fromus Centre in Seamans Avenue, Saxmundham on Sunday the 3rd of December and invite you all to come along and lend a hand for an hour or more between 10am and 1pm on that day to help clear the ground. Please bring your own tools if you have them, otherwise we have a small number ourselves that you can use. Looking forward to seeing you then. Burn off some calories and then tuck into your well-earned Sunday Roast! For further details please email me.

Deben Saltmarshes Talk 7:30pm on the Friday the 8th of December at Woodbridge Community Hall

If you grew up thinking that the main role of the saltmarsh was to grow sea lavender, you will be amazed at the miracles that these muddy areas in our river can perform to help our environment and protect us from flooding, a major concern for all those living near the Deben. Come and hear Karen Thomas, who has worked on the East Anglian coast for many years, talk about our saltmarshes and see how you and the members of your parish can help to save them for future generations.

Balloon and Sky Lantern Petition

Suffolk Wildlife Trust has asked if we can circulate this petition requesting a ban on balloon and sky lantern releases

If you are interested in signing, here's the link for the petition <https://petition.parliament.uk/petitions/200251>

Keep the home fires burning

There is nothing quite like curling up with a hot drink in front of a crackling, flickering fire or even better a modern, efficient wood burning stove. Yet we all know the current concerns linked to burning diesel, petrol, gas and wood and our health. So what can you do?



- Burn dry wood. If you burn wet timber as a fuel you have to boil off the water before the appliance can give out the proper level of heat to the room, hot water or heating systems. In turn, this creates a lot of smoke and tar which damages the chimney, blackens the appliance and contributes to air pollution.
- Ensure your firewood is not contaminated e.g. with paint or preservatives. as the combustion of treated wood can result in the release of toxins which may affect your health.
- To make it easy for you use wood marked as "Ready to Burn" by a Woodsure Certified Supplier. Any wood displaying the Ready to Burn logo will have 20% moisture content or less so once you get it home it is "Ready to Burn". You can find a local supplier by going on line and putting your postcode into: www.hetas.co.uk/find-fuels/.
- Sit back and enjoy while planning your long cycle rides, walks, jogs, electric car sharing journey and any other methods of getting around or travel avoidance for 2018.

Other useful advice can be found on:

www.hetas.co.uk/consumer/hetas-advice/

<https://woodsurre.co.uk/>