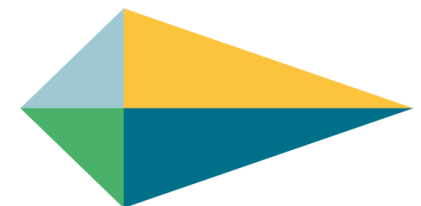




# AMY COURT



**EASTSUFFOLK**  
COUNCIL



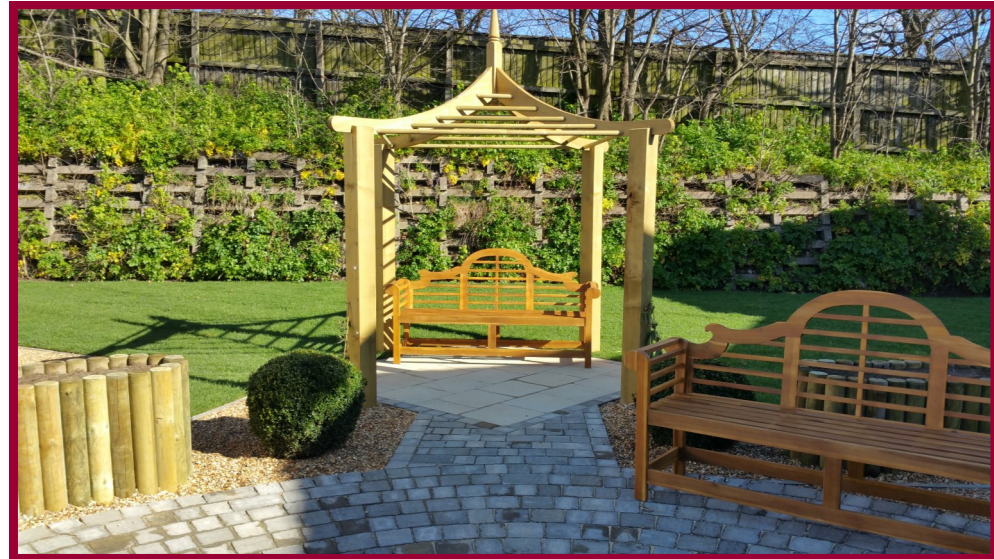
## What is Retired Living?

Retired Living Schemes are aimed at people who're over 60 years of age. They are self contained, purpose built flats with their own front doors, kitchens and bathrooms. They are available for both couples or single people and offer independence with support if and when needed. They provide good quality accommodation that has comfort and security, and provides 24 hour support for residents with the provision of a pendant in case the resident has a fall or becomes ill.



## Your Retired Living Scheme

Amy Court is located in Rotterdam Road and close to all amenities. There are a range of shops near by and close to bus route .The Court is in a quiet location and 3/4 of a mile from the centre of town. The Court contains 25 self contained flats with a lounge, bedroom, kitchen and shower room. We have a mix of both men and women living here all of which are extremely welcoming.



## Your Scheme Manager

Hello my name is Amanda and I am the Scheme Manager for Amy Court. I work between two courts, five days a week and my hours are nine to five every week day. It's my job to help you to remain as independent as possible but I'm more than happy to help any residents when I can.

## Security in and around your scheme

At Amy Court we have a CCTV system; with all of our entrances covered by cameras to monitor the safety in the court. All of our flats have an intercom system which is manned 24 hours daily to help if a resident is having an emergency. Each individual flat has a pendant to allow you to summon help in the case of an emergency.

There is a door entry system to every flat linked to the main entrance. This enables the tenants to speak to callers before they are admitted to the scheme.

### Mobility Scooter Store

There is also a newly built Mobility Scooter store for the charging and storing of tenant's scooters.

### Fire Protection

Fire alarms and pendants are tested weekly and fire instructions are at hand for residents to follow in the event of a fire.



## Make the most out of your sheltered accommodation

### Communal Areas

There is a communal lounge and kitchen in Amy Court that can be used by all residents at any time. In our laundry room there are 2 washing machines and 2 tumble dryers that can be used at any time between 07:00am until 21:00 pm.

There are pleasant gardens at the back of the court and seating is available.

Wi-fi is available to allow residents to access the internet free of charge.




### Social Events

The lounge is used most afternoons for tea/coffee and cakes and a chat with other residents.

- Christmas Parties
- Fish & Chips
- Hoy





## Useful Numbers

### Doctors

#### **Alexandra Road Surgery**

Alexandra Road

Lowestoft

Suffolk, NR32 1PL

**01502 526062**

#### **High Street Surgery**

High Street

Lowestoft

Suffolk, NR32 1JE

**01502 589151**

Housing Officer:

**GARY MORTISHIRE**

Direct number: 01502 523166

### Hospitals

#### **James Paget Hospital**

Lowestoft Road

Gorleston-on-Sea

Norfolk, NR32 1JE

**01493 452452**

## Housing

Rent Officer:

**JO BARBER**

Direct number: 01502 523516

### Dentists

#### **John Plummer**

1 Corton Road

Lowestoft

Suffolk, NR32 4PH

**01502 567519**

Housing Repairs:

Rotterdam Road Depot

Rotterdam Road

Lowestoft

NR32 2EF

**01502 523593**

