











## What is Retired Living?

Retired Living Schemes are aimed at people who're over 60 years of age. They are self contained, purpose built bungalows with their own front doors, kitchens and bathrooms. They are available for both couples or single people and offer independence with support if and when needed. They provide good quality accommodation that has comfort and security, and provides 24 hour support for residents with the provision of an alarm in every room in case the resident has a fall or becomes ill.





## Your Retired Living Scheme

Blyford Court consists of nine flats, each individual flat has it's own garden out the back which is maintained by Waveney District Council. There is a small communal area in the main entrance where residents often get together for coffee. Blyford Court has it's own car park for tenants and visitors to use when needed. Residents are also able to take advantage of our scooter room to charge their scooters for a very small annual fee.

### Your Scheme Manager

My name Is Tracy Spurgeon, I am the scheme manager for Blyford Court. I help support residents in living as independently as possible in their own homes.





## Security in and around your scheme

There is a door entry system which allows the resident's to let visitors into their flats simply at the push of a button. There is also a scheme manager button which allows the scheme manager and Central Control to let visitors into the building.

## **Fire Protection**

The fire alarms are set off every week at the same time, there are nine fire points located around the scheme. There's a box on the wall outside the main entrance which contains information for the fire brigade.

Each individual flat has an instruction sheet on the back of their door to remind them what they should do in the event of a fire.





# Making the most of sheltered accommodation

## **Communal Areas**

There is a small communal area in the main entrance where residents often meet for a chat and a coffee. In the middle of the court there is also a communal garden which can only be accessed by corridors inside the building which makes it very peaceful and private.



# **Useful Numbers**

	<u>Oserui Mullibers</u>	
<b>Doctors</b>	<u>Hospitals</u>	<u>Dentist</u>
Alexandra & Crestview Surgery	James Paget Hospital	John Plummer
141 Crestview Drive	Lowestoft Road	1 Corton Road
Lowestoft	Gorleston-on-Sea	Lowestoft
Suffolk, NR32 4TW	Norfolk, NR32 1JE	Suffolk, NR32 4PH
01502 526666	01493 452452	01502 567519
High Street Surgery		
High Street		
Lowestoft		
Suffolk , NR32 1JE		
01502 589151		
	Housing	
Housing Officer	Rent officer	<b>Housing Repairs</b>

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