

**CRICK COURT** 

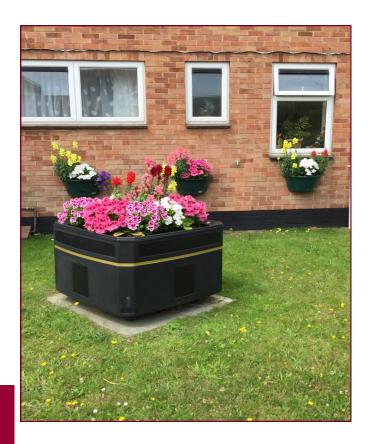






# What is Retired Living?

Retired Living Schemes are aimed at people who're over 60 years of age. They are self contained, purpose built flats with their own front doors, kitchens and bathrooms. They are available for both couples or single people and offer independence with support if and when needed. They provide good quality accommodation that has comfort and security, and provides 24 hour support for residents with the provision of an alarm in every room in case the resident has a fall or becomes ill.



# **Your Retired Living Scheme**

Crick Court is in the beautiful and friendly town of Southwold with some of the flats overlooking the common/golf course. There are 12 one bedroom flats and 9 two bedroom flats these are very light and spacious. There is a good friendly community feel to the court with beautiful well tendered gardens and benches situated around the court. The beach is only a 15 minute walk away.

Sadly no pets are permitted.

# Your Scheme Manager

Hi I would like to welcome you to Crick Court. I'm Lisa Ford your Scheme Manager( previously know as a warden.) after 15 years in care I wanted a slight change so in 2001 I applied and got a job as a warden which I thoroughly enjoy. It's my job to help residents remain as independent as possible whilst getting support if/when needed.



# Security in and around your scheme

Crick Court has C.C.T.V. at all entrances. The outer doors are operated by either a Fob or a door entry system allowing you to choose your visitors. They accommodation is good quality that provides comfort and security and 24 hour support for residents with the provision of a pendant in case the resident has a fall or becomes ill.





## **Fire Protection**

The fire alarms are tested every Friday morning at 10.30 (give or take 5 minutes) by either myself or a colleague in my absence. Any other time please treat this as a real fire and follow the procedure which will be on the back of your front door.

## Make the most out of your sheltered accommodation

### **Communal Areas**

We have a communal lounge and kitchen which is well used by the residents. There is also a s c o o t e r



### **Other Information**

Basic computer lessons, visiting hairdressers and chiropodists and beautician.

Wi-fi is installed in the Communal Lounge providing residents free of charge access to connect to the internet.

#### **Social Events**

- Bingo
- Hoy
- Crib
- board games
- music afternoon/evening
- lunch club
- monthly outings
- whist drives
- Meals
- film night
- ladies night
- Chinese evening.

Please let me know if there is anything else you would enjoy doing.

#### **Useful Numbers**

<u>Doctors</u> <u>Hospitals</u> <u>Dentists</u>

Dr C.R.Castle and Partners Southwold and District Nation health

Reydon Healthy Living Centre Hospital High Street, Southwold.

Off Wangford Road, Reydon Fieldstile Road, 01502 723379

TEL 01502 722326 Southwold.

01502 725230

Out of hours Tel 01502 723333 Private

08447 369530 34 Wangford Road, Reydon.

Repeat prescription 01502 722373

Housing Officer: Rent Officer: Housing Repairs:

Angela Bruce Myles O'Connor Rotterdam Road Depot

01502 523593

Housing

Direct Number: 01502 523125 Direct Number: 01502 523126 Rotterdam Road

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