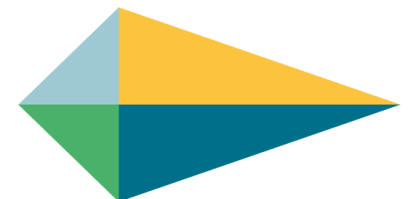




**Retired Living  
at  
HARRY CHAMBERLAIN  
COURT**



**EASTSUFFOLK**  
COUNCIL



## What is Retired Living?

Retired Living Schemes are aimed at people who're over 60 years of age. They are self contained, purpose built flats with their own front doors, kitchens and bathrooms. They are available for both couples or single people and offer independence with support if and when needed. They provide good quality accommodation that has comfort and security, and provides 24 hour support for residents with the provision of an alarm in every room in case the resident has a fall or becomes ill.



## Your Retired Living Scheme

Harry Chamberlain Court is a Retired Living housing complex on Hollingsworth Road. It consists of 4 three bedroom, 1 two bedroom and 30 single bedroom flats spread across two floors within the main building. There is also 5 one bedroom bungalows to the rear of the court. Most of the flats have their own individual letter box's each with their own key so that mail can be collected whenever you wish.



## Your Scheme Manager

My name is Stephen Day and I am the Retired Living Scheme Manager for Harry Chamberlain Court. Myself or one of my fellow colleagues will call on you once a day (if you wish) to make sure you are well and do not have any issues. Monday-Friday I am usually onsite with residents or in my office near the main entrance so that if you have any problems you can easily reach me. It's my job to insure you can remain as independent as possible whilst supporting you when I can





## Security in and around your scheme

All entrance doors to the court are covered by CCTV and this is recorded 24/7 and can be played back for review if need be. Apart from the main door all others are constantly locked. The main entrance is open between 7am and 1pm outside of these hours visitors have to push the red button to the left of the door and wait for either the scheme manager or central control to let them in.



## Fire Protection

Fire alarms are tested at 4:30pm every Monday when the fire alarms go off fire doors along all the corridors will automatically close and you should stay in your flat until the alarms are silenced. Do not use the lifts if there is a fire because this can be extremely dangerous! If there is a fire in your flat you should get out as quickly as possible and go to one of the fire assembly points. The fire points are marked with a green sign that says very clearly 'FIRE ASSEMBLY POINT'. On the back of each individual flat front door there is a notice to remind you what to do in the event of a fire.

## Make the most out of your sheltered accommodation

### Communal Areas

To the rear of the court there is a pleasant garden area with an octagonal summer house, this can be used at any time by any resident. There is also a laundry room with 3 washing machines and driers which can be used whenever residents would like between 7am — 8pm.

### Social Events

We have a coffee morning every Friday at 9:30am and once a month we have a Sunday lunch together.

The social committee hold various other functions, residents can find out about these by reading the news letter which has a list of all social events happening during the next month.

Wi-fi has been installed to allow residents to access the internet free of charge. There is also a communal computer provided for their use.





## Useful Numbers

### Doctors

#### **Alexandra Road Surgery**

Alexandra Road

Lowestoft

Suffolk, NR32 1PL

**01502 526062**

#### **High Street Surgery**

High Street

Lowestoft

Suffolk , NR32 1JE

**01502 589151**

#### **Housing Officer**

**John Barber**

**01502 523128**

### Hospitals

#### **James Paget Hospital**

Lowestoft Road

Gorleston-on-Sea

Norfolk, NR32 1JE

**01493 452452**

### Housing

#### **Rent officer**

**Elizabeth Allen**

**01502 523120**

### Dentist

#### **John Plummer**

1 Corton Road

Lowestoft

Suffolk, NR32 4PH

**01502 567519**

#### **Housing Repairs**

**The Depot**

**Rotterdam Road**

**Lowestoft**

**Suffolk**

**NR32 2EF**

**01502 523593**

