





What is Retired Living?

Retired Living Schemes are aimed at people who're over 60 years of age. They are self contained, purpose built flats with their own front doors, kitchens and bathrooms. They are available for both couples or single people and offer independence with support if and when needed. They provide good quality accommodation that has comfort and security, and provides 24 hour support for residents with the provision of an alarm in every room in case the resident has a fall or becomes ill.



Your Scheme Manager

Hi my name is Lisa Borrett and I am the Scheme Manager at Whitton Court. My role is to ensure the management of the scheme runs smoothly and offer support. It is my job to give assistance with issues you may have and to help you live as an independent person





Your Retired Living Scheme

There are 32 flats within the complex, 28 one bedroom flats and 4 two bedroom flats. We have a mix of male and female tenants who are all very friendly and approachable. We are positioned on the edge of Whitton Estate close to the shops, post office, bus stops and doctors surgeries. There is also a large communal garden area to enjoy.



Security in and around your scheme

The entire complex has CCTV (closed circuit television) for safety and security. The main entrance is also fitted with electric and self opening and locking doors to the front and the rear of the build-

ing which are operated by using a fob.

Each resident has a pendant for use should they need emergency assistance.



Fire Protection

A fire test is carried out every Tuesday at 11am. The alarm will sound for several seconds before it is reset. We have a stay put policy at this scheme so if the fire bells sound at any other time tenants are asked to stay in their flats or if in a communal area to go to the assembly point at the front of the building. There is a sign attached to each individual flats front door explaining what to do in the event of a fire.



Make the most out of your sheltered accommodation

Communal Areas

We have a communal lounge and kitchen where our activities take place or can be used by residents at their leisure.

Our laundry room has washing machines and tumble dryers that can be used on a first come first served basis. There is also a washing line outside too.

We also have a hair dressing Salon, where Hairdresser's visit the Court 2 –3 times a week. (Appointments are necessary).

There is also a communal bathroom which has disabled adaptions to allow easy use for any resident.

Wi-fi has been installed along with a computer for residents use in the Communal Lounge which allows free access to the internet.

Social Events

There are several social events that take place on a weekly basis.

Bingo on Tuesday evenings, Coffee morning and lunch club on Wednesdays, afternoon tea on Fridays and "Hoy" on Saturday evenings.



Useful Numbers

Doctors

Hospitals

Dentists

<u>Name</u>	Andaman Surgery	<u>Name</u>	James Paget Hospital	<u>Name</u>	Dental Design
Tele: Address	01502 517346 Long Road	Tele:	01493 452452		Studio
	Lowestoft	Address	: Lowestoft Road	Tele:	01502 572459
Name	Rosedale Surgery		Gorleston		
Telephone	01502 505100		Norfolk	Address	Regent Road
Address	Ashburnham Way				Lowestoft
	Lowestoft				

Housing

Housing Officer: Name: Angie Woodrow Direct number: 01502 523121 Rent Officer: Name: Myles O'Connor Direct number: 01502 523126

Housing Repairs: Direct no: 01502 523593

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