

Please ensure you arrive between 1000-1015 ready for registration, the doors will open at 1000 and pick up time is 1500.

Activities

Please ensure you have checked www.eastsuffolk.gov.uk/leisure/sport-and-leisure-development/operation-camouflage/ for the most up to date activity list for each day. Only book activities that you know the participant would like to take part in, we are unable to offer an alternative activity. Activities may change due to provider illness, we will try to keep the same theme (sporty/arty).

Groups

On the day of each activity, young people will be divided into two groups. Roughly speaking it is 8-11 and 12 -16. If there is a specific person(s) that the young person would like to be in grouped with please indicate on arrival of registration and we will try where possible to make this happen/

Medication

Please ensure that the participant brings along any medication that is required, that is in a Ziplock bag with a clear label with the name of the participant and that there are instructions on when it needs to be administered.

What to bring

Please ensure that the participant is wearing comfortable old clothing for physical activity and/or messy play. We would suggest that they wear/bring:

- Trainers
- Tracksuit bottoms
- Shorts
- Long sleeved top / jumper
- T-shirt
- Waterproof jacket
- Hat
- Water bottle

Please do not wear open toed shoes such as flip-flops, sandals or sliders.

Sun Protection

As the activities are a mix of indoor and outdoor, we would recommend that everyone arrives ready for a day in the sun. Please bring sun cream that can be reapplied during breaks and hats/sunglasses. We will, where possible, set the activity in shaded area and during breaks we will encourage the young people to sit indoors or in a shaded area. We will have water available for the young people to fill up their water bottles throughout the day and a small supply of suncream that can be used.

Snacks and Drinks

All participants will be provided with toast and fruit available. There will also be fruit available as a snack all day.

At lunchtime, unless stated that they are bringing their own packed lunch, there will be a packed lunch with a pre chosen ham or cheese sandwich, it will vary each day but there will also be biscuit, sausage roll, cheese straw, yoghurt and fruit. Water bottles will be provided with an opportunity to fill up with water and/or squash, which will be available throughout the day.

Behaviour

All young people who attend any of the Summer activities will be briefed on the expectations of behaviour from them for the duration of the activities. Parents are to ensure that they go through the guidance in this email with their child so that they understand the details before the start of the activity programme.

Young people will be reminded about the need to adhere to all behaviour expectations throughout the sessions. If young people consistently breach standards of acceptable behaviour or a serious incident occurs, parents will be informed, and staff may enforce a temporary exclusion. A reputable standard of behaviour is expected from all young people, if that standard is not met, there is a possibility of requesting parents to collect their child from the venue.

Young people will be expected to fully engage in the programme on offer and the activities they are booked on to. If they repeatedly fail to engage with the programme, parents will be contacted to come and collect their child as we unfortunately do not have the staffing capability to be able to supervise young people outside of the set activities.

Sun Protection

As the activities are a mix of indoor and outdoor, we would recommend that everyone arrives ready for a day in the sun. Please bring sun cream that can be reapplied during breaks and hats/sunglasses. Young people will be required to apply sun lotion themselves. We will, where possible, set the activity in shaded area and during breaks we will encourage the young people to sit indoors or in a shaded area. We will have water available for the young people to fill up their water bottles throughout the day and a small supply of suncream that can be used.

Cancellations

Please give as much notice as possible if you need to cancel a place on Operation Camouflage. This activity is very popular and we will have a waiting list so if you are unable to attend please cancel your booking, failure to do so may result in a loss of refund or future place on the activity.

Illness

If the participant is feeling unwell and has covid type symptoms, please do not send them on the activity and notify us as soon as you can. If the participant tests positive with covid, they must not attend Operation Camouflage until they have had two negative test results.

Jewellery

All jewellery/body piercing to be removed for safety reasons or taped as appropriate.

Phones/Smart Watches

While we fully acknowledge a parent's right to allow their child to bring a mobile phone / smart watch to Operation Camouflage, the organisers discourage participants bringing such

items due to the possibility of bullying or harassment, photographs being taken without permission being granted and/or items getting lost / damaged

If a participant needs to bring a phone to Operation Camouflage we ask it is left in the young person's bag for the duration of the day.

Parents/Guardians are advised that East Suffolk Council and the Army Welfare Service accepts no liability for the loss or damage to mobile phones / smart watches which are brought to the activity.

Contact details

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