

**NOT PROTECTIVELY MARKED**

## HEALTH AND WELLBEING WORKING GROUP

<b>Meeting Type:</b>	Deed of Obligation Governance Group
<b>Date:</b>	22 <sup>nd</sup> October 2025
<b>Venue:</b>	MS Teams
<b>Meeting Chair:</b>	Chris Lawson
<b>SZC Attendees:</b>	<b>Rebecca Calder, Ceri Bryant</b> , Jen Mills, Zoe Botten, Caitlin Murphy
<b>Regulatory Attendees:</b>	ESC – <b>Amy Marr</b> SCC – <b>Kate Watson, Martin Seymour</b> Public Health Suffolk – <b>Nicki Cooper</b> SNEE ICB– <b>Louise Hardwick, Chris Lawson</b> Norfolk and Waveney ICB (on behalf of SNEE ICB) – <b>Rachel Hunt</b>
<b>Apologies:</b>	GP representative for SNEE ICB – <b>Dr Imran Qureshi</b>
<b>Meeting Record produced by:</b>	Alannah Nutman (SZC)
<b>Next Meeting Date:</b>	25 <sup>th</sup> March 2026
<b>Group Quorum</b>	<b>Quorate voting members above are highlighted in bold</b>

### Summary / Key Discussion

#### SZC Project Update:

- Financial investment decision has been made, heading towards financial close. Investors have been announced.
- Progressing well on ADs/OSIs (associated development sites aka off-site infrastructure) - including Northern Park & Ride, & Southern Park & Ride which will be partly opening in the next few months.
- Workforce survey has recently been closed – results to be shared with the AWG in December.
- A hyper local survey of Leiston has been undertaken to understand the views / concerns of residents and users of the town – as a result of this, CB will be presenting at the next Community Forum in Leiston about how we are internalising the project's healthcare demands through Sizewell Health.
- Sustainability report – first draft is due in the next few weeks. *Post-meeting note: this is now available here:* [Annual-Sustainability-Report-2025-Final.pdf](#)

#### Actions from Previous meeting:

- Action 1: still to be shared.
- Action 2: to be carried forward to next meeting.
- Action 4: closed.
- Action 6: closed.
- Action 7: identify risks in this meeting and create a risk register from there.

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### KPI Indicator Information

#### Project Update – Health and Wellbeing (CB):

- On site we have Lighthouse Club Charity supporting the workforce.
- Women in Construction group launch, providing support for the women on our construction sites.
- Launch of Team Sizewell app, providing better communications across the project, promoting local events.
- Engaged with Henpicked regarding Menopause, we are becoming a menopause friendly workplace.
- Site Wellbeing van has been ordered – to be used for occupational health as well.
- Places Leisure engagement on offering for workforce.
- On-site Chaplain in place - attended a Muslim/Christian Summer School to widen his knowledge for our workforce.
- MHFA training undertaken, 16 new buddies have been trained and 16 due to be trained.
- NHS Be Well bus came to site 4 times, supporting our H&S awareness month.
- Raised awareness for Suicide with Suffolk Mind and Webinars being held on site.
- Dr Ed Garrett, CEO of Norfolk and Suffolk ICB visited site.
- Delivery of onsite 4x4 ambulance. Transfer ambulance being considered at the request of EEAST.

#### Health and Wellbeing Reporting – KPIs (CB):

- Sizewell Health – 237 appointments, with 187 treatments, 50 on site GP appointments. 7 prescriptions have been created, 2 ambulance call outs with avoiding sending people to hospital 13 times.
- Lots of appointments have been due to weekend sporting injuries or needing quick advice; vast majority of appointments are non-work related.
- Paramedics have been called out for 8 incidents, 6 were able to be treated on-site, 2 needed further medical assistance at Ipswich Hospital.
- Preventative Initiatives
  - Monthly health topics continue: July – Alcohol, August – Decision Making, September – Stress, Fatigue and Tiredness.
  - Random drug and alcohol testing still being conducted on site – 127 tests taken in July to September.
  - Health Kiosk Trial with Wellbeing, uptake was 20% of the workforce.
  - Offering free flu vaccinations.
  - In talks with SCC with regard to DA champions training.

### SNEE ICB – Key Performance Indicator Information

#### Updates

- Sizewell C Community Fund – discussing opportunities to signpost local groups and organisations to the Community Fund.
  - Recent conversations include building links between Headway Suffolk and Peninsula Practise to support referrals into the SZC funded project.
  - Recent conversations also include Allied Health.
- Review of PHM data and trends to identify local trends and change in circumstance:
  - Monthly meetings with EDMS and SZC to review medical data. Nothing to escalate to HWWG.
  - Enquiry from Leiston surgery, a patient who was referred from SZC. Provided information that the follow up has been dealt with.

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- Connect to Health (Social Prescribing service) have not seen any increased referrals, concerns raised for increased rent for private rentals. Relevant content has been provided to by ZB from SZC. The SPLW's will continue to monitor going forward.
  - Meeting with the Community Mental Health Team, they have had a low number of referrals attributed to SZC, themes were linked to employment and advice from the Safeguarding team, update has been provided to CB.
  - Continuing to monitor patient list sizes from the GP surgeries in SNEE and Norfolk & Waveney (within catchment of SZC), through the Patients Registered at a GP dashboard. Concerns have been raised re: demand but not linked back to SZC.
- Alignment opportunities with the Sizewell C project to delivery positive change
  - Regular meetings with ZB, SZC Community Relations, regarding health-related concerns being raised through SZC Information Office.
  - Facilitated conversations between SZC and wider partners such as Suffolk FA, to support health and wellbeing & prevention initiatives.
  - Written SZC report provided to East Suffolk Cabinet Members regarding health updates. Quarterly updates to be provided with an opportunity to raise concerns and opportunities for partnership working.
  - Monthly meeting with the child and adult Safeguarding group at ICB, where a project update report was shared, no questions or concerns that need to be escalated at this stage.
  - The Be Well Bus was delivered on-site across 4 dates and 4 locations in September. Around 99 members of staff engaged, 11 different services, 75 SiSU checks and approx. 40 Stop Smoking Kits were handed out.
  - Ongoing work with the Live Well Hub, linking relevant services with the SZC Occupation Health Manager.
- Residual Healthcare Fund
  - No additional spend, current spend on salary for SZC Health & Wellbeing Partnerships Officer and backfill for Clinical Lead (Dr Qureshi).
- Review: July 2025 – September 2025
  - Report provided to the ICB Exec Committee outlining progress against KPIs; no concerns raised, queries managed internally.
  - Continued monthly meetings with EDMS and SZC Occupational HWB Manager (CB), building the working partnership. Supporting identification of referrals and health themes within the SZC workforce.
  - Working with Norfolk & Waveney ICB to join engagement and comms plans to be shared to GP practises in GY and Lowestoft.
  - Continued monthly meetings with East Suffolk Council Community Safety Officers, providing a space to raise concerns and feedback from both services and the local community.
  - Attended the Saxmundham and NE Integrated Neighbourhood Team; given feedback of concerns over the increased traffic and road works, we provide a regular roadworks update and continue to signpost any SZC roadworks.
- Going forward: October 2025 – December 2025
  - Continuing working with CB (SZC) and EDMS to support the transition to the new health provider.
  - Ongoing ask of Connect for Health to monitor referrals which may be directly contributed to SZC, nothing outside of private rentals to escalate at this stage.
  - Utilise SNEE Primary Care newsletter and provide project updates and SZC newsletter frequently.
  - Share road and traffic updates with East Suffolk INTs.
  - Further dates to be provided for the Be Well Bus to attend on site, March 2026 is the suggestion so far.

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- Project update and presentation to be provided to Felixstowe Integrated Neighbourhood Team (November).
- Project update and report to be provided to SNEE Exec Group (November).
- RC asked for a combined statement for GP places. CB to draft a combined statement.
- CL raised a concern about workforce numbers, different information from different sources. RC explained how there are a number of different ways to look at workforce, which for SZC also includes people in offices in London / Manchester etc. For the purposes of the HWWG and the DCO / Deed of Obligation, the 5 day rule is used as these people are more likely to create a demand for local accommodation and services if non-home-based. The workforce survey is the best source of data for this – this gives the DCO workforce numbers, stripping out visitors. Notes that % of home-based-workers have increased since last workforce survey due to use of local companies, where possible.

### Feedback from other Working Groups and Social Review Group

- No formal feedback from SRG / ERG.

### Key Risk Issues and Opportunities

- RC shared various risk register templates, looking to create one for this group that is consistent with other Working Groups.
- Concerns have been raised regarding Sexual Health - SZC are working on contracting provision from SCC's provider by agreeing commercial terms is proving challenging.
- NC noted that SCC is currently tracking the number of people accessing sexual health services who work at SZC and do not live in Suffolk. The current numbers are very small. Also track teenage conceptions/pregnancies so can keep an eye on trends in Leiston/Saxmundham – no evidenced effects currently.
- LH has regular conversations with the Mental Health Team and has no concerns to be raised.
- The main concern from the community is OSI and road traffic.
- NC raised the concern of the impact on Health Visiting on children and families within the local area. She has noted these conversations are being had elsewhere.

## Actions agreed in meeting:

Action Ref.	Description	Lead	Target date / Milestone
1	Send the SZC 3-year plan for workforce projections that has been shared with the Councils to the ICB.	RC	Complete
2	Draft a combined statement for GP places for the Community Forum.	RC/CB	Complete
3	Create a first draft of the risk register and circulate.	RC	Next meeting