

Cycling Without age



Welcome to Cycling Without Age England & Wales.

About Cycling Without Age England

We are part of 'Cycling Without Age' a non-profit global initiative, founded in Copenhagen in 2012. England has a growing number of local chapters, many of which came about through the power of social media sharing. Each local chapter is run by volunteers with our guiding principles of generosity, slowness, storytelling, relationships and without age.

The volunteer pilots take local elders and care homes residents out on 'trishaw' cycle rides to feel the wind in their hair. We bring generations closer together using special trishaws (three-wheel cycles with a passenger cab out front). They have electrical power assist, so no need to be super-sporty to be a volunteer cycle pilot. Our rides are comfortable, fun and free. They enable people to experience the city and nature close-up from the bicycle. There's opportunity to regain social connection and for people to tell their story in the environment where they have lived their lives. Our work builds bridges between generations and reinforces trust, respect and the social glue of our society. Our cycle pilots and passengers alike enjoy the physical and emotional well-being benefits. The joy of riding in the trishaw cab stimulates spirits to fly and stories to flow!

CYCLING WITHOUT AGE FACTS

Established in 2012 in Copenhagen - Represented in 37 countries worldwide - 1,100+ city chapters

1,500+ trishaws - 10,000+ trained cycle pilots - Over 50,000 elderly people have been on rides

Oldest pilot is 89 and oldest passenger 106 - Our trishaws cycle 2.2 million km a year or 53 times around the world.